

Nutrition Facts

10 servings per container

Serving size 1 Stickpack (6.7g)

Amount Per Serving

Calories 10

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0mg 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 500mg 22%

Total Carbohydrate <1g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 0g

Vitamin D 0mcg 0%

Calcium 170mg 15%

Iron 0mg 0%

Potassium 470mg 10%

Magnesium 100mg 25%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Instant Hydration Blend [Sea Salt, Magnesium Bisglycinate Chelate, Potassium Chloride, Calcium from mineralized algae, Sel Gris (French Grey Sea Salt)], Citric Acid, Beet Root (color), Natural Flavors, Organic Stevia Extract, Organic Monk Fruit Extract.

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IN THE USA WITH GLOBALLY SOURCED INGREDIENTS

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