

Nutrition Facts

10 servings per container

Serving size

1 Stick (6.6g)

Amount Per Serving

Calories

10

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0mg **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 350mg **22%**

Total Carbohydrate 1g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Includes 0g Added Sugars **0%**

Protein 0g

Vitamin D 0mcg **0%**

Calcium 170mg **15%**

Iron 0mg **0%**

Potassium 470mg **10%**

Magnesium 100mg **25%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Instant Hydration Blend [Sea Salt, Magnesium Bisglycinate Chelate, Potassium Chloride, Calcium from mineralized algae, Sel Gris (French Grey Sea Salt)], Citric Acid, L-Malic Acid, Natural Flavors, Organic Stevia Leaf Extract, Organic Monk Fruit Extract.



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