

# SUPPLEMENT FACTS

Serving Size: 3 Capsules

Servings Per Container: 30

|                                                               | Amount Per Serving | %Daily Value |
|---------------------------------------------------------------|--------------------|--------------|
| Vitamin B6 (as Pyridoxal 5'-phosphate)                        | 12mg               | 706%         |
| Magnesium (as Magnesium Glycinate)                            | 75mg               | 18%          |
| Chromium (as Chromium Picolinate)                             | 100mcg             | 286%         |
| Maca Extract 10:1<br>( <i>Lepidium meyeri</i> ) (Root)        | 600mg              | †            |
| Myo-Inositol                                                  | 600mg              | †            |
| KSM-66 Ashwagandha® ( <i>Withania somnifera</i> )<br>(Root)   | 300mg              | †            |
| Calcium D-Glucarate                                           | 300mg              | †            |
| Diindolylmethane (DIM)                                        | 150mg              | †            |
| Saffron Extract 4:1<br>( <i>Crocus sativus</i> ) (Flower Bud) | 30mg               | †            |

† Daily Value not established.

Other Ingredients: Vegetable Capsule, Maltodextrin, Organic Nu-FLOW®.

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