

Nutrition Facts

1 serving per container
Servings Size **(68g)**

Amount Per Serving
Calories 230

Amount per serving

% Daily Value*

Total Fat 9g **12%**

Saturated Fat 4.5g **23%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 55mg **2%**

Vitamin D 0mcg 0% • Calcium 340mg 25%

Amount per serving

% Daily Value*

Total Carbohydrate 30g **11%**

Dietary Fiber 10g **36%**

Total Sugars 8g

Includes 6g Added Sugars **12%**

Protein 20g

• Iron 0.3mg 2% • Potassium 80mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Milk Protein Isolate, Soluble Corn Fiber, Allulose, Whey Crisp (Whey Protein Concentrate, Rice Flour), Peanut Butter (Sugar and/or Dextrose, Hydrogenated Vegetable Oil (Rapeseed, Cottonseed, Soybean) and/or Palm, Salt), White Chocolate Coating (Sugar, Vegetable Oil (Palm Kernel Oil and Hydrogenated Palm Kernel Oil), Whey Powder, Whole Milk Powder, Nonfat Dry Milk, Soy Lecithin (an Emulsifier), Salt, Artificial Flavor), White Chocolate Chips (Sugar, Skim Milk, Hydrogenated Vegetable Oil ((Palm Kernel Oil, Soybean Oil, Palm Oil)), Palm Kernel Oil, Contains 2% or Less of: Artificial Flavor, Lecithin (Soy), Salt), Vegetable Glycerin, Butter, Natural Flavor.

Allergen Warning: Made in a facility that also processes Peanuts, Milk, Soy, Wheat, Tree Nuts and Egg. **Contains:** Milk, Peanuts, Soy.



Due to our ingredients, CICOBAR may harden in cold temperatures.
Please store at room temperature and if cooled, microwave for 10 seconds to go

ANY OTHER
THAN LAST
TIME