

Nutrition Facts

1 serving per container
Servings Size **(68g)**

Amount Per Serving
Calories 230

Amount per serving

% Daily Value*

Total Fat 9g 12%

Saturated Fat 4.5g 23%

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 230mg 10%

Vitamin D 0.1mcg 0%

• Calcium 360mg 30%

Amount per serving

% Daily Value*

Total Carbohydrate 30g 11%

Dietary Fiber 9g 32%

Total Sugars 8g

Includes 6g Added Sugars 12%

Protein 20g

• Iron 0.4mg 2% • Potassium 110mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Milk Protein Isolate, Soluble Corn Fiber, Allulose, Whey Crisp (Whey Protein Concentrate, Rice Flour), Peanut Butter (Sugar and/or Dextrose, Hydrogenated Vegetable Oil (Rapeseed, Cottonseed, Soybean) and/or Palm, Salt), Milk Chocolate Coating (Sugar, Vegetable Oil (Palm Kernel Oil, Hydrogenated Palm Kernel and Cottonseed Oils), Nonfat Dry Milk, Cocoa, Milk, Glycerol Lactate Esters of Fatty Acids, Soy Lecithin), Dehydrated Marshmallows (Sugar, Corn Syrup, Modified Food Starch, Gelatin, Natural Flavors), Glycerin, Butter, Natural Flavor, Salt.

Allergen Warning: Made in a facility that also processes Peanuts, Milk, Soy, Wheat, Tree Nuts and Egg. Contains: Milk, Peanuts, Soy.