

SUGGESTED USE: Take one pouch daily.

Supplement Facts

Servings per container: 30

Servings size: About 6 gummies (18 g)

	Amount Per Serving	% Daily Value
Calories	45	
Total Carbohydrates	12 g	5%†
Total Sugars	7 g	**
Includes 6 g Added Sugars		12%†
Vitamin A (as Retinol Palmitate)	1350 mcg	150%
Vitamin C (as Ascorbic Acid)	135 mg	150%
Vitamin D3 (as Cholecalciferol)	30 mcg	150%
Vitamin E (as D- α -Tocopheryl Acetate)	22.5 mg	150%
Vitamin B5 (as Calcium Pantothenate)	7.5 mg	150%
Vitamin B6 (as Pyridoxine HCl)	2.5 mg	150%
Vitamin B9 (as L-5-Methyltetrahydrofolate)	600 mcg	150%
Vitamin B7 (as Biotin)	45 mcg	150%
Vitamin B12 (as Methylcobalamin)	3.6 mcg	150%
Iodine (as Potassium Iodide)	225 mcg	150%
Zinc (as Zinc Citrate)	8.25 mg	75%
Manganese (as Manganese Gluconate)	1.725 mg	75%
Magnesium (as Magnesium Citrate)	18 mg	4%
Sodium	37.5 mg	2%
FloraSMART™ Tyndallized Probiotics (non-viable) ¹	5 mg	†
Enterococcus faecalis EC-12		
Bifidobacterium longum BR-108		
L. paracasei 327		
Lactisaseibacillus paracasei K71		

Fruit & Veggie Blend - 12,600 mg

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value not established.

Fruit & Veggie Blend: Tapioca Syrup, Purified Water, Organic Pectin, Organic Pomegranate Juice Powder, Organic Acai Juice Powder, Organic Goji Juice Powder, Organic Grape Juice Powder, Organic Amla Fruit Powder, Organic Cranberry Powder, Organic Aronia Powder, Organic Sea Buckthorn Juice Powder, Organic Camu Camu Powder, Organic Acerola Juice Powder, Organic Maqui Berry Powder, Organic Barley Grass Powder, Organic Kale Powder, Organic Alfalfa Grass Powder, Organic Wheatgrass Powder, Organic Oat Grass Powder, Organic Spirulina Powder, Organic Lemon Juice Powder, Organic Chlorella Powder, Organic Astragalus Extract (10:1), Blueberry Powder, Chokeberry Powder, Elderberry Powder, Strawberry Powder, Asian Pear Powder, Beet Powder, Carrot Powder, Apple Powder, Blackberry Powder, Raspberry Powder, Tart Cherry Powder, Broccoli Powder, Bing Cherry Powder, Artichoke Powder, Ashitaba Powder, Bilberry Powder, Black Currant Powder, Celery Powder, Dandelion Powder, Grapefruit Powder, Green Tea Powder, Mango Powder, Mangosteen Powder, Milk Thistle Powder, Papaya Powder, Pineapple Powder, Siberian Ginseng Powder, Spinach Powder, Tomato Powder.

Other Ingredients: Sugar, Natural Green Apple Flavor, Citric Acid, Sodium Citrate, Carnauba Wax.

Distributed by: Optimal Human,
P.O. Box 9316, Fayetteville, AR 72703