

Cookies & Cream

Nutritionally complete
ready-to-drink meal

Naturally flavored



HUEL

Black Edition

27 vitamins & minerals	35g protein	7g fiber
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Non-GMO | Plant-based

16.9 FL OZ (500mL)

Huel is nutritionally complete food, with everything your body needs from a meal in every bottle.

35g protein

All 27 essential vitamins & minerals

7g dietary fiber

Slow-release carbs

Omega-3 & -6

All this, and **161 science-backed health benefits** to keep you on your game.

For details, visit huel.com/benefits

Plus

- Gluten-free
- 100% vegan
- Non-GMO
- Naturally flavored
- 150mg green tea extract

See nutrition information for total fat and saturated fat content



Gluten-free



Kosher certified

Corporation

Nutrition Facts

1 serving per container
Serving size **1 bottle (500mL)**

Amount per serving
Calories 400

% Daily Value*

Total Fat 17g			22%
Saturated Fat 6g			30%
Trans Fat 0g			
Polyunsaturated Fat 5g			
Monounsaturated Fat 6g			
Cholesterol 0mg			0%
Sodium 320mg			14%
Total Carbohydrate 29g			11%
Dietary Fiber 7g			25%
Total Sugars 6g			
Includes 4g Added Sugars			8%
Protein 35g			70%
Vitamin D 5.0mcg	25%	Calcium 260mg	20%
Iron 9.0mg	50%	Potassium 980mg	20%
Vitamin A 180mcg	20%	Vitamin C 50mg	56%
Vitamin E 3.0mg	20%	Vitamin K 35mcg	29%
Thiamin 0.2mg	17%	Riboflavin 0.3mg	23%
Niacin 3.2mg	20%	Vitamin B6 0.3mg	18%
Folate 80mcg	20%	Vitamin B12 0.8mcg	33%
(DFE)		Pantothenic Acid 1.2mg	24%
Biotin 10mcg	33%	Iodine 70mcg	47%
Phosphorus 360mg	29%	Zinc 4.0mg	36%
Magnesium 100mg	24%	Copper 0.6mg	67%
Selenium 24mcg	44%	Chromium 10mcg	29%
Manganese 0.8mg	35%	Chloride 460mg	20%
Molybdenum 50mcg	111%		
Choline 140mg	25%		

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Water, Pea Protein, Faba Bean Protein, Tapioca Starch, Cold-Pressed Canola Oil, Coconut Milk Powder, Ground Flaxseed, Coconut Sugar, Natural Flavors, Soluble Vegetable Fiber (Chicory, Corn), Micronutrient Blend*, Flaxseed Oil Powder, Cocoa Powder, Medium-Chain Triglycerides (from Coconut), Green Tea Extract, Steviol Glycosides, Gellan Gum.

***Micronutrient Blend:**

Potassium Citrate, Potassium Chloride, Calcium Carbonate, Ascorbic Acid, Magnesium Phosphate, Magnesium Citrate, Choline Bitartrate, Menaquinone-7, Tocopherol Acetate, Retinyl Acetate, Niacinamide, Ergocalciferol, Cyanocobalamin, Calcium Pantothenate, Biotin, Copper Gluconate, Zinc Oxide, Pyridoxine Hydrochloride, Potassium Iodide, Riboflavin, Thiamine Mononitrate, Calcium L-Methylfolate, Chromium Picolinate.

CONTAINS: TREE NUTS (COCONUT).

Distributed by: Huel Inc., 45 Main Street, Suite 604, Brooklyn, NY, 11201, USA. Made in Germany.



We pay more for our cocoa to help farmers earn a living wage, end child labour, and protect forests. Together, we'll end exploitation in cocoa. Find out more: huel.com/tonys

Storage: Store at room temperature. Best served chilled. Once open refrigerate and consume within 12 hours. Do not freeze. Shake to wake.

Best before: See cap of bottle.



Remove sleeve and recycle. 51% recycled plastic bottle.

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