

Mixed Berry

The *ultimate meal* in a bottle. 35g of protein and everything your body needs from a meal

MUSCLE FUNCTION
High in protein, contributing to the growth and maintenance of muscle mass

COGNITIVE FUNCTION
Iron + vitamin B12 support cognitive function and mental performance

DIGESTIVE SUPPORT
A source of calcium, contributing to the normal function of digestive enzymes

IMMUNE SUPPORT
A source of vitamin C, contributing to the normal function of the immune system

All this, and 161 science-backed health benefits to keep you on your game.

See nutrition information for total fat and saturated fat content

Suitable for vegans

Non-GMO

Gluten-free

Certified B Corporation
Learn more at bcorp.com

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High Protein Complete Meal

Huel® BLACK EDITION

27 vitamins & minerals

35g protein

6g fiber

Naturally flavored drink | Non-GMO

16.9 FL OZ (500mL)

Nutrition Facts

1 serving per container

Serving size **1 bottle (500mL)**

Amount per serving

Calories **390**

	% Daily Value*
Total Fat 17g	**22%**
Saturated Fat 5g	**25%**
Trans Fat 0g	
Polyunsaturated Fat 4.0g	
Monounsaturated Fat 8g	
Cholesterol 0mg	**0%**
Sodium 340mg	**15%**
Total Carbohydrate 28g	**10%**
Dietary Fiber 6g	**21%**
Total Sugars 4g	
Includes 3g Added Sugars	**6%**
Protein 35g	**57%**

Vitamin D 5.0mcg	25%	Calcium 300mg	25%
Iron 5.0mg	30%	Potassium 990mg	20%
Vitamin A 220mcg	24%	Vitamin C 40mg	44%
Vitamin E 3.0mg	20%	Vitamin K 34mcg	28%
Thiamin 0.24mg	20%	Riboflavin 0.28mg	22%
Niacin 3.2mg	20%	Vitamin B6 0.34mg	20%
Folate 80mcg (DFE)	20%	Vitamin B12 0.80mcg	33%
Biotin 8.0mcg	27%	Pantothenic Acid 1.2mg	24%
Phosphorus 385mg	31%	Iodine 30mcg	20%
Magnesium 120mg	29%	Zinc 4.4mg	40%
Selenium 32mcg	58%	Copper 0.58mg	64%
Manganese 1.5mg	65%	Chromium 7.0mcg	20%
Molybdenum 50mcg	111%	Chloride 504mg	22%
Choline 140mg	25%		

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Water, Pea Protein, Faba Bean Protein, Starch (Tapioca, Corn), Brown Rice Protein, Coconut Milk Powder, High-Oleic Sunflower Oil, Soluble Vegetable Fiber (Chicory, Corn), Natural Flavors, Ground Flaxseed, Coconut Sugar, Micronutrient Blend*, Flaxseed Oil Powder, Stevia Leaf Extract, Gellan Gum.

***Micronutrient Blend:** Potassium Citrate, Potassium Chloride, Calcium Carbonate, Magnesium Phosphate, Magnesium Citrate, Choline Hydrogen Tartrate, Ascorbic Acid, Tocopherol Acetate, Niacinamide, Calcium D-Pantothenate, Retinyl Acetate, Zinc Oxide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Copper Gluconate, Calcium L-Methylfolate, Menaquinone-7, Potassium Iodide, Biotin, Ergocalciferol, Chromium Picolinate, Cyanocobalamin.

Distributed by: Huel Inc., 45 Main Street, Suite 604, Brooklyn, NY, 11201, USA. Made in Canada.

Storage: Store at room temperature. Best served chilled. Once open refrigerate and consume within 12 hours. Do not freeze. Shake to wake.

Best if Used By and Lot: See cap of bottle.

Remove sleeve and recycle. 51% recycled plastic bottle.