



PROVEN PROTEIN

2 full scoops of WheyBolic® Ripped deliver a clinically proven protein module shown to accelerate muscle growth, boost endurance, and increase strength.^{***}

BURN 3X MORE CALORIES

Accelerate your metabolism before, during, and after workouts with a clinically backed thermogenic blend of energizing natural caffeine, niacin, piperine, and capsimum.^{†^*}

SCULPT LEAN MUSCLE & FUEL FAT METABOLISM

Improve body composition by maintaining lean muscle and fueling fat metabolism with 3g of conjugated linoleic acid (CLA).*



CLINICALLY PROVEN PROTEIN

WHEYBOLIC® RIPPED

50G WHEY PROTEIN
+200MG Caffeine

3-IN-1 MUSCLE SCULPTING & FAT BURNING PROTEIN^{***}

- + Proven Protein + Metabolism Accelerator for Ripped Physique^{**}
- + Clinically Backed Thermogenic Blend for 3X Calorie Burn[†]



COOKIES & CREAM

NATURAL + ARTIFICIAL FLAVORS

25G
PROTEIN

26 SERVINGS
Per 1 Scoop

50G
PROTEIN

13 SERVINGS
Per 2 Scoops

DIETARY SUPPLEMENT

NET WT. 32.6 OZ. (2 LB.) 925.6 G

CODE 739981

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. WheyBolic® Ripped can be consumed first thing in the morning, pre-workout, and/or after training. For maximum results, consume on non-training days for added energy and focus.* Do not take near bedtime.

IBG-5560

Supplement Facts

Serving Size	About 1 Scoop (35.6 g)	About 2 Scoops (71.2 g)
Servings Per Container	26	13
Amount Per Serving	% Daily Value	% Daily Value
Calories	145	290
Total Fat	3 g 4%†	6 g 8%†
Saturated Fat	0.5 g 3%†	1 g 5%†
Trans Fat	0 g	0 g
Cholesterol	23 mg 8%†	45 mg 15%†
Total Carbohydrate	3 g 1%†	6 g 2%†
Total Sugars	1 g *	2 g *
Includes Added Sugars	0 g 0%†	0 g 0%†
Protein	25 g 50%†	50 g 100%†
Niacin (as Nicotinic Acid)	10 mg 63%	20 mg 125%
Calcium	120 mg 9%	240 mg 18%
Iron	0.2 mg 1%	0.5 mg 3%
Sodium	130 mg 6%	260 mg 11%
Potassium	175 mg 4%	350 mg 7%
L-Leucine (from L-Leucine, Whey Protein Isolate, Whey Protein Concentrate)	3.1 g *	6.2 g *
Conjugated Linoleic Acid (CLA)(from Safflower Oil)	1.5 g *	3 g *
Caffeine (from Green Coffee [Coffea spp.] Bean Extract)	100 mg *	200 mg *
Capsicum (Capsicum annuum) Fruit Extract (as Capsimax®)	16.67 mg *	33.34 mg *
Piperine (as Black Pepper [Piper nigrum] Fruit Extract)	2.5 mg *	5 mg *

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Whey Protein Isolate, Whey Protein Concentrate, Chocolate Cookie Crumble (Tapioca Starch, Sugar, Rice Flour, Cocoa [Processed with Alkali], Coconut Oil, Salt, Natural Flavor, Sodium Bicarbonate), Cocoa (Processed with Alkali), Natural & Artificial Flavor, Sunflower Lecithin, Sucralose, Guar Gum, Salt, Gum Acacia, Xanthan Gum, Sugar. CONTAINS: Milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

▲ WARNING: Reproductive Harm - www.P65Warnings.ca.gov

Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction.

2 scoops supply 200 mg of caffeine.

No Artificial Colors, Gluten Free, No Soy.



GLUTEN
FREE

PERFORMANCE YOU CAN
TRUST. THIRD-PARTY
TESTED & CERTIFIED.*



GNC is committed to regularly testing GNC AMP WheyBolic® Ripped for banned substances in sport.



Informed Protein certification is a mark of assurance for athletes, dietitians, and coaches that the amount of protein on our labels is accurate.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Product is sold by weight, not volume. Significant product settling may occur.

KEEP OUT OF REACH
OF CHILDREN.
Store in a cool,
dry place.

For More Information:
1-877-462-4700
GNC.com



Every scoop of WheyBolic® Ripped delivers 25g of protein enhanced with more muscle-building leucine than standard whey protein powders.*

Capsimax® is a trademark of OmniActive Health Technologies.

* Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

† In multiple randomized clinical trials, participants taking GNC's leucine-rich protein blend over 8 weeks with a progressive resistance training program had significant increases in muscle strength, endurance, and performance compared to placebo.

^ When used in conjunction with an exercise program.

‡ In a double-blind, randomized placebo-controlled crossover study, 25 subjects exercised on a treadmill on two occasions. On one occasion the subjects took the thermogenic blend before exercise and on the second occasion, they took the placebo. When the subjects took this blend, they burned three times more calories before, 3% more calories during, and 12 times more calories after exercise compared to when they took the placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.