PROVEN PROTEIN

2 full scoops of Wheybolic® Ripped deliver a clinically proven protein module shown to accelerate muscle growth, boost endurance, and increase strength.*[2,3]

BURN 3X MORE CALORIES

Accelerate your metabolism before, during, and after workouts with a clinically backed thermogenic blend of energizing natural caffeine, niacin, piperine, and capsicum.[1,4*]

SCULPT LEAN MUSCLE & FUEL FAT METABOLISM

Improve body composition by maintaining lean muscle and fueling fat metabolism with 3g of conjugated linoleic acid (CLA).*

Every scoop of Wheybolic® Ripped delivers 25g of protein enhanced with more muscle-building leucine than standard whey protein powders.*

Capsimax® is a trademark of OmniActive Health Technologies.

* Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

[2] In multiple randomized clinical trials, participants taking GNC's leucine-rich protein blend over 8 weeks with a progressive resistance training program had significant increases in muscle strength, endurance, and performance compared to placebo.

[3] When used in conjunction with an exercise program.

[1] In a double-blind, randomized placebo-controlled crossover study, 25 subjects exercised on a treadmill on two occasions. On one occasion the subjects took the thermogenic blend before exercise and on the second occasion, they took the placebo. When the subjects took this blend, they burned three times more calories before, 3% more calories during, and 12 times more calories after exercise compared to when they took the placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW

MORE PROTEIN

BETTER TASTE

IMPROVED BODY COMP*

GNC AMP

CLINICALLY PROVEN PROTEIN

WHEYBOLIC®

RIPPED

50G WHEY PROTEIN

+200MG Caffeine

INFORMED CHOICE

INFORMED PROTEIN

3-IN-1 MUSCLE SCULPTING & FAT BURNING PROTEIN*[2,3,4*]

+ Proven Protein + Metabolism Accelerator for Ripped Physique*[2*]
+ Clinically Backed Thermogenic Blend for 3X Calorie Burn[1*]

25G PROTEIN	50G PROTEIN
52 SERVINGS *Per 1 Scoop*	26 SERVINGS *Per 2 Scoops*

DIETARY SUPPLEMENT

NET WT. 4 LB. (64 OZ.) 1814.8 G



STRAWBERRIES & CREAM

NATURAL + ARTIFICIAL FLAVORS

CODE 739993 GBG-5560

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic® Ripped can be consumed first thing in the morning, pre-workout, and/or after training. For maximum results, consume on non-training days for added energy and focus.* Do not take near bedtime.

Supplement Facts

Serving Size	About 1 Scoop (34.9 g)	About 2 Scoops (69.8 g)
Servings Per Container	52	26

Amount Per Serving	% Daily Value		% Daily Value	
Calories	140		280	
Total Fat	3 g	4%†	6 g	8%†
Saturated Fat	0.5 g	3%†	1 g	5%†
Trans Fat	0 g		0 g	
Cholesterol	25 mg	8%	50 mg	16%
Total Carbohydrate	2 g	1%†	4 g	1%†
Total Sugars	<1 g	*	1 g	*
Includes Added Sugars	0 g	0%†	0 g	0%†
Protein	25 g	50%†	50 g	100%†
Niacin (as Nicotinic Acid)	10 mg	63%	20 mg	126%
Calcium	120 mg	9%	240 mg	18%
Iron	0.1 mg	1%	0.2 mg	1%
Sodium	125 mg	5%	250 mg	11%
Potassium	160 mg	3%	320 mg	7%
L-Leucine (from L-Leucine, Whey Protein Isolate, Whey Protein Concentrate)	3.1 g	*	6.2 g	*
Conjugated Linoleic Acid (CLA)(from Safflower Oil)	1.5 g	*	3 g	*
Caffeine (from Green Coffee [*Coffea spp.*] Bean Extract)	100 mg	*	200 mg	*
Capsicum (*Capsicum annuum*) Fruit Extract (as Capsimax®)	16.67 mg	*	33.34 mg	*
Piperine (as Black Pepper [*Piper nigrum*] Fruit Extract)	2.5 mg	*	5 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Whey Protein Isolate, Whey Protein Concentrate, Natural & Artificial Flavor, Sunflower Lecithin, Guar Gum, Sucralose, Citric Acid, Salt, Red Beet Juice (Color), Gum Acacia, Xanthan Gum, Sugar.

CONTAINS: Milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

⚠WARNING: Reproductive Harm - www.P65Warnings.ca.gov

Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction.

2 scoops supply 200 mg of caffeine.

No Artificial Colors, Gluten Free, No Soy.

GLUTEN FREE

PERFORMANCE YOU CAN TRUST. THIRD-PARTY TESTED & CERTIFIED.*

INFORMED CHOICE

GNC is committed to regularly testing GNC AMP Wheybolic® Ripped for banned substances in sport.

INFORMED PROTEIN

Informed Protein certification is a mark of assurance for athletes, dietitians, and coaches that the amount of protein on our labels is accurate.

FILL LINE

FPO

0 48107 26049 1

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Product is sold by weight, not volume. Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information: 1-877-462-4700 • GNC.com