

**WARNING:** Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction. No Artificial Flavors, Gluten Free, No Milk, Porcine Free.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

For More Information:  
1-877-462-4700  
GNC.com



**GNC**



**WOMEN'S**

**New Look**

**Same Great Formula**

# hair, skin & nails

Beauty Support with  
3000 mcg of Biotin\*

Dietary Supplement  
120 Caplets 60-Day Supply

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**CODE 758964**

**DIRECTIONS:** As a dietary supplement, take two caplets daily with food.

**IAG-7589**

## Supplement Facts

Serving Size Two Caplets/Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A .....	1500 mcg RAE ..... 167% (50% as beta-Carotene & 50% as Retinyl Acetate)
Vitamin C (as Calcium Ascorbate) .....	120 mg ..... 133%
Vitamin D (as Cholecalciferol) ...	5 mcg (200 IU) ..... 25%
Vitamin E .....	20 mg ..... 134% (as d-alpha Tocopheryl Acetate)
Thiamin (Vitamin B-1) .....	1.5 mg ..... 125% (as Thiamin Mononitrate)
Riboflavin (Vitamin B-2) .....	1.7 mg ..... 131%
Niacin (as Niacinamide) .....	20 mg ..... 125%
Folate .....	340 mcg DFE ..... 85% (200 mcg Folic Acid)
Biotin .....	3000 mcg ..... 10000%
Pantothenic Acid .....	13.5 mg ..... 270% (as Calcium d-Pantothenate)
Calcium .....	200 mg ..... 15% (as Dicalcium Phosphate, Calcium Carbonate, Calcium Ascorbate & Calcium d-Pantothenate)

## Amount Per Serving % Daily Value

Phosphorus (as Dicalcium Phosphate) ....	100 mg	8%
Zinc (as Zinc Oxide) .....	15 mg	136%
L-Cysteine .....	200 mg	*
(as L-Cysteine Hydrochloride)		
Methylsulfonylethane (MSM) .....	100 mg	*
Collagen .....	100 mg	*
(as Bovine Collagen Hydrolysate)		
L-Methionine .....	50 mg	*
alpha-Lipoic Acid .....	10 mg	*
Dimethylethanolamine (DMAE) .....	10 mg	*
(as Dimethylethanolamine DL-Bitartrate)		
Horsetail ( <i>Equisetum arvense</i> ) .....	3 mg	*
Aerial Parts Powder		
Boron (as Boron Citrate) .....	1 mg	*
Lutein (as Marigold) .....	500 mcg	*
[ <i>Tagetes erecta</i> ] Flower Extract		
Zeaxanthin (as Zeaxanthin Isomers) .....	100 mcg	*
as Marigold [ <i>Tagetes erecta</i> ] Flower Extract		

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, Stearic Acid, Croscarmellose Sodium, Silicon Dioxide, Polyvinyl Alcohol, Magnesium Stearate, Polyethylene Glycol, Titanium Dioxide (Mineral Whitener), Talc, Riboflavin (Color), Spirulina Extract (Color), Natural Cool Vanilla Flavor, Steviol Glycosides.

**CONTAINS:** Fish (Anchovy, Mackerel, Pollock, Sardine, Smelt, Salmon, Tuna, Cod, or a Combination Thereof) and Soybeans.

**Distributed by:** GNC Holdings, LLC, Pittsburgh, PA 15222 USA

**Contains a bioengineered food ingredient.**

Lot No./Best By: