

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-877-462-4700 GNC.com

When used in conjunction with resistance training over time.

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FPO

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

EVERY SCOOP DELIVERS:

PRO QUALITY
A proven sports supplement with decades of research, creatine is highly trusted and effective. Our Creatine Monohydrate mixes easily and undergoes rigorous third-party testing for purity and potency.*

PRO RESULTS
Creatine Monohydrate helps muscles work harder during exercise, resulting in elevated improvements to performance and strength.** Creatine can be taken before, during, or after workouts – also on off days. Consistency is key.

* Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

FOR PRO-LEVEL RESULTS, enjoy with GNC PRO PERFORMANCE® 100% WHEY and PRE-WORKOUT.

DESIGNED FOR PURITY AND POTENCY. NO ARTIFICIAL FLAVORS OR COLORS.

GNC

PRO

PERFORMANCE®

PRO PERFORMANCE® TRUSTED SINCE 1988

CREATINE MONOHYDRATE

PRO QUALITY. PRO RESULTS.
Improves Muscle Building, Strength & Athletic Performance**

5G PER SCOOP

BLUE RASPBERRY
With Natural Flavors and No Added Colors

30 SERVINGS | **DIETARY SUPPLEMENT**
NET WT. 7 OZ. (198 G)

Tastes Great & Mixes Easily!

INFORMED CHOICE
WE TEST YOU TEST

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CODE 759045 FAG-7590

DIRECTIONS: As a dietary supplement, mix one scoop daily with 8 fl. oz. of cold water or your favorite sports drink. Get ready to Perform like a Pro.

Supplement Facts
Serving Size One Scoop (6.6 g) / Servings Per Container 30

Amount Per Serving	
Creatine Monohydrate	5 g*

* Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Malic Acid, Silicon Dioxide, Sucralose.
Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: This product is sold by weight, not volume. Significant product settling may occur. No Artificial Colors, No Artificial Flavors, Gluten Free.

Gf
GLUTEN FREE

FILL LINE