

# EVERY SCOOP DELIVERS:

## PRO QUALITY

Essential Amino Complete delivers a fully transparent EAA and electrolyte blend, with BCAAs in an optimal 2:1:1 ratio for muscle building.\*\*

Our amino formula mixes easily and undergoes rigorous third-party testing for purity and potency.\*

## PRO RESULTS

Recovering muscles need aminos your body can't produce on its own. Step up to next-level goals with an infusion of EAAs and BCAAs to enhance recovery and reduce muscle soreness after working out.\*

On both training and non-training days, Essential Amino Complete improves muscle recovery by reducing breakdown and supporting protein synthesis.\*\*

For More Pro Tips, Visit [GNC.com/ProPerformance](http://GNC.com/ProPerformance)

FULLY TRANSPARENT DOSING. GLUTEN FREE.  
NO ARTIFICIAL COLORS. NO SOY.



For More Information:  
1-877-462-4700 • [GNC.com](http://GNC.com)

\* Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

\*\* When used in conjunction with an exercise program.

# GNC

PRO PERFORMANCE® TRUSTED SINCE 1988

# ORAL

# PERFORMANCE®

# ESSENTIAL AMINO COMPLETE

**NEW**  
Formula  
& Better  
Taste!

## PRO QUALITY. PRO RESULTS.

Enhances Recovery, Reduces Muscle Soreness & Improves Hydration\*\*

10G TOTAL AMINOS | 6G BCAAs | 4G EAAs | 0G SUGAR



## PINEAPPLE

With Natural Flavors and No Added Colors



30 SERVINGS | DIETARY SUPPLEMENT

NET WT. 16.3 OZ. (1 LB.) 462 G

CODE 759080

ABG-7590

DIRECTIONS: As a dietary supplement, mix one scoop in 10-16 fl. oz. of cold water and consume during workouts, post-workout, and/or throughout the day. Get ready to Perform like a Pro.

## Supplement Facts

Serving Size About One Scoop (15.4 g)  
Servings Per Container 30

| Amount Per Serving                  | % Daily Value |          |
|-------------------------------------|---------------|----------|
| Calories                            | 15            |          |
| Total Carbohydrate                  | 0 g           | 0%†      |
| Total Sugars                        | 0 g           | *        |
| Includes 0 g Added Sugars           |               | 0%†      |
| Chloride                            | 380 mg        | 17%      |
| Sodium (as Trisodium Citrate)       | 210 mg        | 9%       |
| Potassium (as Tripotassium Citrate) | 150 mg        | 3%       |
| <b>Total Essential Amino Acids</b>  | <b>10 g</b>   | <b>*</b> |
| BCAAs                               | 6 g           | *        |
| L-Leucine                           | 3 g           | *        |
| L-Isoleucine                        | 1.5 g         | *        |
| L-Valine                            | 1.5 g         | *        |
| L-Lysine HCl                        | 1.8 g         | *        |
| L-Threonine                         | 1.4 g         | *        |
| L-Tryptophan                        | 500 mg        | *        |
| L-Phenylalanine                     | 100 mg        | *        |
| L-Methionine                        | 100 mg        | *        |
| L-Histidine HCl                     | 100 mg        | *        |

† Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Sucralose, Natural Flavor, Silicon Dioxide, Steviol Glycosides (Reb A).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

⚠️WARNING: Reproductive Harm - [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov)  
Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition.  
Discontinue use two weeks prior to surgery.

NOTICE: Product is sold by weight, not volume. Significant product settling may occur. No Sugar, No Artificial Colors, Gluten Free, No Soy.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

FILL LINE

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GLUTEN FREE