

EVERY SCOOP DELIVERS:

PRO QUALITY

Essential Amino Complete Plus Energy delivers a fully transparent blend of essential amino acids, electrolytes, and naturally extracted caffeine.**

Our amino formula not only features an optimized 2:1:1 ratio for muscle building, but it also mixes easily and undergoes rigorous third-party testing for purity and potency.**

PRO RESULTS

Fuel muscles before, during, and after exercise with an infusion of EAAs and hydrating electrolytes to enhance recovery while reducing muscle soreness after training.**

Keep going longer or start your days off with more energy, alertness, and focus powered by a combination of natural caffeine and L-tyrosine.**

For More Pro Tips, Visit GNC.com/ProPerformance

FULLY TRANSPARENT DOSING. GLUTEN FREE.
NO ARTIFICIAL COLORS. NO SOY.

No Sugar, No Artificial Colors, Gluten Free, No Soy.
KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.



GLUTEN FREE

For More Information:
1-877-462-4700 • GNC.com

*Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

**When used in conjunction with resistance training over time.



GNC

PRO PERFORMANCE® TRUSTED SINCE 1988

PROPER

ESSENTIAL AMINO COMPLETE

+ENERGY

NEW
Formula
& Better
Taste!

PRO QUALITY. PRO RESULTS.

Enhances Recovery, Hydration & Focus
+ Reduces Muscle Soreness**

11G TOTAL AMINOS | 125MG NATURAL CAFFEINE | 6G BCAAs | 0G SUGAR



LEMONADE TWIST

With Natural Flavors and No Added Colors



30 SERVINGS

DIETARY SUPPLEMENT

NET WT. 17.7 OZ. (1.1 LB.) 501 G

CODE 759085

DIRECTIONS: As a dietary supplement, mix one scoop in 10-16 fl. oz. of cold water and consume during workouts, post-workout, and/or throughout the day. Get ready to Perform like a Pro.

ABG-7590

Supplement Facts

Serving Size About One Scoop (16.7 g)
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	0 g	0%†
Total Sugars	0 g	*
Includes 0 g Added Sugars		0%†
Chloride	380 mg	17%
Sodium (as Trisodium Citrate)	210 mg	9%
Potassium (as Tripotassium Citrate)	150 mg	3%

Total Essential Amino Acids	11 g	*
BCAAs	6 g	*
L-Leucine	3 g	*
L-Isoleucine	1.5 g	*
L-Valine	1.5 g	*
L-Lysine HCl	1.8 g	*
L-Threonine	1.4 g	*
L-Tyrosine	1 g	*
L-Tryptophan	500 mg	*
L-Phenylalanine	100 mg	*
L-Methionine	100 mg	*
L-Histidine HCl	100 mg	*
Caffeine (from <i>Coffea arabica</i> Bean Extract)	125 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural Flavor, Silicon Dioxide, Sucralose, Steviol Glycosides (Reb A).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

⚠WARNING: Reproductive Harm - www.P65Warnings.ca.gov

Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. This product contains 125 mg of caffeine.

NOTICE: Product is sold by weight, not volume. Significant product settling may occur.

FILL LINE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.