



Amazing product to help with



Did you know?

Magnesium: The master mineral. Low magnesium levels are associated with stress, adrenal fatigue and muscle cramping. **ZEN NATURAL** works to restore healthy magnesium levels.<sup>†</sup>

# ZEN NATURAL™

RELAX · RECOVER · RESTORE<sup>†</sup>

**DIRECTIONS:** Take 3 veggie capsules with 10 fl. oz. of water in the evening. Use for 12 -16 weeks for best results.

**HOW TO USE**



Count 3 veggie capsules of **ZEN NATURAL**



Take **ZEN NATURAL** with 10 fl. oz. of water.



**ZEN NATURAL** should be taken in the evening.

## Supplement Facts

Serving Size: 3 Veggie Capsules  
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin D3	25mcg	125%
Vitamin B6 (Pyridoxine HCl)	83mg	4,882%
Magnesium (as Di-Magnesium Malate) (Albion®)	400mg	95%
L-Theanine	50mg	**

\*\* Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Hypromellose, Rice Flour, Magnesium Stearate. Albion® is a registered trademark of Balchem Corp or its subsidiaries.



Manufactured in a cGMP Certified Facility.

**WARNING: Keep out of reach of children.** Consult a physician before using this product. Do not use if you have kidney failure, pacemaker or excessively low blood pressure. If you develop loose stools, reduce serving size to 1-2 capsules per day for 7 days. **STORE IN A COOL DRY PLACE AND AVOID EXCESSIVE HEAT.** Do not use if tamper evident seal is broken or missing.

†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NEW X00261ZWOL Nutrology Zen Natural Magnesium (30 Servings)

EXCLUSIVELY DEVELOPED & DISTRIBUTED BY  
**NUTROLOGY**  
#NaturallyBetter

A DIVISION OF  
**FITLIFE** BRANDS  
5214 SOUTH 136TH STREET  
OMAHA, NE 68137  
1-866-688-7679



Made in the USA from International and Domestic Ingredients.

**NUTROLOGYONLINE.COM**



**400 MG** MAGNESIUM  
**25 MCG** VITAMIN D  
**50 MG** L-THEANINE  
PER SERVING

DIETARY SUPPLEMENT 90 VEGGIE CAPS