

## MAXIMUM STRENGTH FULLY LOADED PRE-WORKOUT

Over 45 Grams  
of Active Ingredients  
Per Serving

Fueled Up with  
14 Truth In Label  
Key Ingredients

Features 7 High-Quality  
Patented Ingredients

**SUPPORT FOR:** Nitric oxide boost for stronger muscle pumps, maximum strength and power output, intense levels of energy and focus, enhanced endurance, quicker muscle recovery, and extreme performance. **FUEL UP!**

**SUGGESTED USE: GO ALL IN WITH PUMP FUEL!** Mix 1 scoop with 20 fl. oz. of cold water (adjust to desired taste) and consume 30 minutes prior to workout. Each serving of Pump Fuel ALL IN contains approximately 360 mg of caffeine, including 50 mg of time-release caffeine. **FOR BEST RESULTS** take on an empty stomach. Limit use to no more than 1 serving (1 scoop) in a 24-hour period. *To be used as part of a physical conditioning program.*

**WARNING: KEEP OUT OF REACH OF CHILDREN.** For use by healthy adults only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are pregnant or nursing. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing caffeine. Consult with your physician prior to use if you are taking medication, including but not limited to MAO inhibitors, anti-depressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart

beat, dizziness, severe headache or shortness of breath. Do not use if tamper resistant seal is broken.

**STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

**CONSUMER NOTICE:** FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, GNC, or pmdsports.com.

**CALIFORNIA RESIDENTS / WARNING:** Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**FITLIFE BRANDS**

Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:  
**FITLIFE BRANDS, INC.** | 5214 South 136th Street | Omaha, NE 68137  
Product Questions: [PMDSPORTS.com](http://PMDSPORTS.com)



#FLEXWITHPMD @PMDSPORTS

## PROFESSIONAL MUSCULAR DEVELOPMENT



**INSANITY**

# PUMP FUEL

# ALL IN

## EXPLOSIVE PRE-WORKOUT

SUPPORT FOR

**POWERFUL  
MUSCLE STRENGTH\***

**STRONGER  
MUSCLE PUMP\***

**INTENSE  
ENERGY & FOCUS\***

**ENHANCED  
ENDURANCE\***

## FLEXIN' STRAWBERRY WATERMELON

DIETARY SUPPLEMENT | **20 SERVINGS** | NET WT 2.16 LBS (980G)

## ALL IN WITH 14 TRUTH IN LABEL KEY INGREDIENTS

**3g**  
CREATINE BLEND

**10g**  
CITRULLINE MALATE

**1g**  
AGMATINE SULFATE

**500mg**  
NITROSIGINE\*

**50mg**  
S7\*

**5g**  
BETA-ALANINE

**4g**  
BETAINE ANHYDROUS

**4g**  
BCAA 2:1:1

**1g**  
TAURINE

**500mg**  
VITACHOLINE\*

**250mg**  
MUCUNA PRURIENS

**50mg**  
ZUMXR\*  
CAFFEINE

**15g**  
SMART CARBS

**5mg**  
BIOPERINE\*

## Supplement Facts

Serving Size 1 Scoop (49 g)  
Servings Per Container 20

	Amount Per Serving	%DV
Calories	160	
Total Carbohydrate	15 g	5%**
Vitamin B6 (as Pyridoxine HCl)	3 mg	176%
Vitamin B12 (as Methylcobalamin)	30 mcg	1,250%
Choline	200 mg	36%
Calcium	35 mg	3%
Magnesium (as Magnesium Creatine Chelate)	80 mg	19%
Sodium	90 mg	4%
Potassium	160 mg	3%
<b>PUMP FUEL® ALL IN Blend</b>	<b>45,880 mg (45.8 g)</b>	<b>†</b>
<b>Rapid 5 ATP™ Blend</b>	<b>3,000 mg (3.0 g)</b>	<b>†</b>

Magnesium Creatine Chelate (Creatine MagnaPower®), DiCreatine Malate, Creatine Citrate, Creatine Alpha Ketoglutarate (2:1), Creatine Pyruvate

<b>Nitro Pump™ Xtreme Blend</b>	<b>11,550 mg (11.5 g)</b>	<b>†</b>
L-Citrulline Malate	10,000 mg (10.0 g)	
Agmatine Sulfate	1,000 mg (1.0 g)	
Inositol-Stabilized Arginine Silicate (Nitrosigine®)	500 mg	
S7* (Green Coffee Bean Extract, Green Tea Extract, Turmeric Extract, Tart Cherry, Blueberry, Broccoli, Kale)	50 mg	

	Amount Per Serving	%DV
<b>Beta pH™ Blend</b>	<b>9,000 mg (9.0 g)</b>	<b>†</b>
Beta-Alanine	5,000 mg (5.0 g)	
Betaine Anhydrous	4,000 mg (4.0 g)	
<b>Amino 2:1:1 Blend</b>	<b>5,000 mg (5.0 g)</b>	<b>†</b>
Instant BCAA 2:1:1 Complex:	4,000 mg (4.0 g)	
L-Isoleucine, L-Leucine, L-Valine		
Taurine	1,000 mg (1.0 g)	
<b>Neuro Focus Blend:</b>	<b>1,450 mg (1.4 g)</b>	<b>†</b>
Choline Complex:	500 mg	
Choline L(+) Bitartrate (VitaCholine®), Alpha Glycerolphosphorylcholine		
Tyrosine Complex:		
L-Tyrosine, N-Acetyl L-Tyrosine	500 mg	
Mucuna pruriens Extract	250 mg	
L-Theanine	200 mg	
<b>Energy TR Blend:</b>	<b>375 mg</b>	<b>†</b>
Caffeine Anhydrous, Coffee Fruit Extract (Coffeaberry® Energy), zümXR®		
Extended Release Caffeine, zümXR® Delayed Release Caffeine, Yohimbe		
<b>Glyco Load Blend</b>	<b>15,500 mg (15.5 g)</b>	<b>†</b>
Dextrin Complex: Maltodextrin, Cluster Dextrin, Waxy Maize, Glycero		
<b>Uptake Compound:</b>	<b>5 mg</b>	<b>†</b>
Black Pepper (Piper nigrum) Fruit Extract (BioPerine®)		

\*\* Percent Daily Values (DV) based on a 2,000 calorie diet.  
† Daily Value (DV) not established.

**Other Ingredients:** Natural & Artificial Flavor, Potassium Citrate, Sodium Citrate, Sucralose, Calcium Silicate, Vegetable Juice Color (Beet), Acesulfame Potassium, Sunflower Lecithin. **Free of Gluten, Lactose, Preservatives, Aspartame and Yeast.**

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**CREATINE MAGNAPOWER. Nitrosigine® S7 VitaCholine® zümXR® Coffeaberry energy BIOPERINE®**