

## FULLY LOADED PRE-WORKOUT (CAFFEINE FREE)

Over 45 Grams  
of Active Ingredients  
Per Serving

Fueled Up with  
14 Truth In Label  
Key Ingredients

Features 5 High-Quality  
Patented Ingredients

**SUPPORT FOR:** Nitric oxide boost for stronger muscle pumps, maximum strength and power output, intense levels of mental focus, enhanced endurance, quicker muscle recovery, and extreme performance. **FUEL UP!**

**SUGGESTED USE: GO ALL IN WITH PUMP FUEL!** Mix 1 scoop with 20 fl. oz. of cold water (adjust to desired taste) and consume 30 minutes prior to workout. This version of Pump Fuel ALL IN is caffeine free! **FOR BEST RESULTS** take on an empty stomach. Limit use to no more than 1 serving (1 scoop) in a 24-hour period. To be used as part of a physical conditioning program.

**WARNING: KEEP OUT OF REACH OF CHILDREN.** For use by healthy adults only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are pregnant or nursing. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Consult with your physician prior to use if you are taking medication, including but not limited to MAO inhibitors, anti-depressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Do not use if tamper resistant seal is broken.

**STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

**CONSUMER NOTICE:** FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, GNC, or pmdsports.com.

**CALIFORNIA RESIDENTS / WARNING:** Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

**FITLIFE BRANDS**

Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:  
**FITLIFE BRANDS,® INC.** | 5214 South 136th Street | Omaha, NE 68137  
Product Questions: [PMDSPORTS.com](http://PMDSPORTS.com)



#FLEXWITHPMD @PMDSPORTS

## PROFESSIONAL MUSCULAR DEVELOPMENT



**CAFFEINE FREE**

# PUMP FUEL

## ALL IN

### EXPLOSIVE PRE-WORKOUT

**POWERFUL  
MUSCLE STRENGTH\***

**STRONGER  
MUSCLE PUMP\***

**GREATER  
MENTAL FOCUS\***

**ENHANCED  
ENDURANCE\***

SUPPORT FOR

**LIFTIN' LEMON LIMEADE**

DIETARY SUPPLEMENT | **20 SERVINGS** | NET WT 2.16 LBS (980G)

## ALL IN WITH 14 TRUTH IN LABEL KEY INGREDIENTS

<b>3g</b> CREATINE BLEND	<b>10g</b> CITRULLINE MALATE	<b>1g</b> AGMATINE SULFATE	<b>500mg</b> NITROSIGINE*	<b>50mg</b> S7*	<b>5g</b> BETA-ALANINE	<b>4g</b> BETAINE ANHYDROUS
<b>4g</b> BCAA 2:1:1	<b>1g</b> TAURINE	<b>500mg</b> VITACHOLINE*	<b>250mg</b> MUCUNA PRURIENS	<b>200mg</b> N-ACETYL L-TYROSINE	<b>15g</b> SMART CARBS	<b>5mg</b> BIOPERINE*

## Supplement Facts

Serving Size 1 Scoop (49 g)  
Servings Per Container 20

	Amount Per Serving	%DV
Calories	170	
Total Carbohydrate	16 g	6%**
Total Sugars	<1 g	
Vitamin B6 (as Pyridoxine HCl)	3 mg	176%
Vitamin B12 (as Methylcobalamin)	30 mcg	1,250%
Choline	200 mg	36%
Calcium	35 mg	3%
Magnesium (as Magnesium Creatine Chelate)	80 mg	19%
Sodium	85 mg	4%
Potassium	230 mg	5%
<b>PUMP FUEL® ALL IN Blend</b>	<b>45,905 mg (45.9 g)</b>	<b>†</b>
<b>Rapid 5 ATP™ Blend</b>	<b>3,000 mg (3.0 g)</b>	<b>†</b>

<b>Magnesium Creatine Chelate (Creatine MagnaPower®), DiCreatine Malate, Creatine Citrate, Creatine Alpha Ketoglutarate (2:1), Creatine Pyruvate</b>		
<b>Nitro Pump™ Xtreme Blend</b>	<b>11,550 mg (11.5 g)</b>	<b>†</b>
L-Citrulline Malate	10,000 mg (10.0 g)	
Agmatine Sulfate	1,000 mg (1.0 g)	
Inositol-Stabilized Arginine Silicate (Nitrosigine®)	500 mg	
S7® (Green Coffee Bean Extract, Green Tea Extract, Turmeric Extract, Tart Cherry, Blueberry, Broccoli, Kale)	50 mg	

	Amount Per Serving	%DV
<b>Beta pH™ Blend</b>	<b>9,000 mg (9.0 g)</b>	<b>†</b>
Beta-Alanine	5,000 mg (5.0 g)	
Betaine Anhydrous	4,000 mg (4.0 g)	
<b>Amino 2:1:1 Blend</b>	<b>5,000 mg (5.0 g)</b>	<b>†</b>
Instant BCAA 2:1:1 Complex:	4,000 mg (4.0 g)	
L-Isoleucine, L-Leucine, L-Valine		
Taurine	1,000 mg (1.0 g)	
<b>Neuro Focus EnergyBlend:</b>	<b>1,650 mg (1.6 g)</b>	<b>†</b>
Choline Complex:	500 mg	
Choline L(+) Bitartrate (VitaCholine®), Alpha Glycerolphosphorylcholine		
L-Tyrosine	500 mg	
Mucuna pruriens Extract	250 mg	
N-Acetyl L-Tyrosine	200 mg	
L-Theanine	200 mg	
<b>Glyco Load Blend</b>	<b>15,700 mg (15.7 g)</b>	<b>†</b>
Dextrin Complex: Maltodextrin, Cluster Dextrin, Waxy Maize, Glycerol		
<b>Uptake Compound:</b>	<b>5 mg</b>	<b>†</b>
Black Pepper (Piper nigrum) Fruit Extract (BioPerine®)		

\*\* Percent Daily Values (DV) based on a 2,000 calorie diet.  
† Daily Value (DV) not established.

**Other Ingredients:** Natural Flavor, Potassium Citrate, Sucralose, Sodium Citrate, Calcium Silicate, Potassium Bicarbonate, Acesulfame Potassium, Turmeric Extract (Color), Sunflower Lecithin.  
**Free of Artificial Colors, Gluten, Lactose, Preservatives, Aspartame and Yeast.**

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CREATINE MAGNAPOWER. Nitrosigine® S7 VitaCholine® BIOPERINE®

New PMD Pump Fuel ALL IN Lemon Limeade (20 Servings) X064H1U005

