CHARGE UP WITH MORE PUMP, STRENGTH, ENERGY AND FOCUS*

SUGGESTED USE: As a dietary supplement, mix 1–2 scoops of PMD's **ACG3® FULLY CHARGED** with 6–12 fl. oz. of cold water 30–45 minutes before workout. The optimal dose will depend on stimulant tolerance; we recommend beginning with 1 scoop to assess. Each scoop of ACG3 Fully Charged contains approximately 160 mg of caffeine. Do not exceed recommended dose. Do not exceed 2 scoops in any 24 hour period. Exceeding the recommended amounts or not following directions may lead to unwanted effects. Consume a minimum 125 fl. oz. of water per day while taking this product. *To be used as part of a physical conditioning program.* Contents may settle after shipping. Moisture and humidity can cause clumping and discoloration. Discard after expiration date. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

WARNING: **KEEP OUT OF REACH OF CHILDREN.** For use by healthy individuals only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not use if you are pregnant or nursing. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing caffeine. Consult with your physician prior to use if you are taking medication, including but not limited to MAO inhibitors, anti-depressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Do not use if tamper resistant seal is broken.

CONSUMER NOTICE: FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, GNC, or pmdsports.com.

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CALIFORNIA RESIDENTS
WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FITLIFE BRANDS®

Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:
FITLIFE BRANDS,® INC.
5214 South 136th Street / Omaha, NE 68137
Product Questions: **PMDSPORTS.com**

#FLEXWITHPMD
@PMDSPORTS

PROFESSIONAL MUSCULAR DEVELOPMENT

PMD FLEX SERIES

ACG3®

FULLY CHARGED

ELECTRIFYING PRE-WORKOUT

CREATINE MAGNAPOWER® | S7® | VitaCholine® | ADVANTRA Z® | AstraGin®

STRAWBERRY MARGARITA

DIETARY SUPPLEMENT | **30-60 SERVINGS** | NET WT 16.3 OZ (1.02 LB)(462 G)

Supplement Facts

Serving Size 1-2 Scoops (7.7 g - 15.4 g)
Servings Per Container 30-60 Servings

	Amt Per 1 Scoop	%DV	Amt Per 2 Scoops	%DV
Calories	18		35	
Total Carbohydrate	0.5 g	<1%**	1 g	<1%**
Vitamin B6 (as Pyridoxine HCl)	4 mg	236%	8 mg	471%
Vitamin B12 (as Cyanocobalamin)	0.5 mcg	21%	1 mcg	42%
Choline	100 mg	18%	200 mg	36%
ACG3® FULLY CHARGED Blend:	**6,097.5 mg (6.1 g)**	†	**12,195 mg (12.2 g)**	†
Magna–3 Complex:	**1,500 mg (1.5 g)**	†	**3,000 mg (3.0 g)**	†
Creatine Citrate, Magnesium Creatine Chelate (Creatine MagnaPower®), Creatine Alpha Ketoglutarate (2:1)				
Full Endurance Blend:	**3,250 mg (3.3 g)**	†	**6,500 mg (6.5 g)**	†
Beta-Alanine	2,000 mg (2.0 g)	†	4,000 mg (4.0 g)	†
Betaine Anhydrous	750 mg	†	1,500 (1.5 g)	†
Taurine	500 mg	†	1,000 (1.0 g)	†
Full Pump Blend:	**775 mg**	†	**1,550 mg (1.5 g)**	†
Agmatine Sulfate	500 mg	†	1,000 (1.0 g)	†
Glycerol Powder	250 mg	†	500 mg	†
S7® (Green Coffee Bean Extract, Green Tea Extract, Turmeric Extract, Tart Cherry, Blueberry, Broccoli, Kale)	25 mg	†	50 mg	†
Full Focus Blend:	**375 mg**	†	**750 mg**	†
Choline Complex: Choline L(+) Bitartrate (VitaCholine®), Alpha-Glycerylphosphorylcholine	250 mg	†	500 mg	†
L-Tyrosine	125 mg	†	250 mg	†
Energy + Uptake Blend:	**197.5 mg**	†	**395 mg**	†
Advanced Stimulant Blend: Caffeine Anhydrous, **Advantra Z®** Bitter Orange Fruit Extract (*Citrus aurantium*), **zümXR®** Extended Release Caffeine, **zümXR®** Delayed Release Caffeine, Guarana (*Paullinia cupana*) Seed Extract, Green Tea (*Camellia sinensis*) Leaf Extract, Theobromine (from Cocoa Beans), Huperzine (1%)]	185 mg	†	370 mg	†
Uptake Agent: **AstraGin®** (from *Panax notoginseng* and *Astragalus membranaceous* Root Extract)	12.5 mg	†	25 mg	†

** Percent Daily Values (DV) based on a 2,000 calorie diet. † Daily Value (DV) not established.

Other Ingredients: Natural & Artificial Flavor, DL-Malic Acid, Citric Acid, Sucralose, Silica, Calcium Silicate, Waxy Maize, Salt, Vegetable Juice Color (Beet), Acesulfame Potassium, Beta Carotene (Color).
Gluten Free.

Colors derived from natural sources.

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New PMD ACG3 Fully Charged Strawberry Margarita (60 Servings)