

No Artificial Colors, No Artificial Flavors, No Soy, Gluten Free, Porcine Free.

KEEP OUT OF REACH OF CHILDREN.



Store in a cool, dry place.

For More Information:
1-888-462-2548. GNC.com

Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

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GNC
PERFORMANCE
PERFORMANCE

Now Free of Artificial Colors

P.M. ZINC MAGNESIUM

For Restful Sleep & Hormone Support*



60 | **DIETARY SUPPLEMENT**
DAY SUPPLY | **60 CAPLETS**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 988313

EAG-333

DIRECTIONS: As a dietary supplement, take one caplet daily at bedtime. Get ready for Game-Changing Rest.

Supplement Facts

Serving Size One Caplet

| Amount Per Serving | % Daily Value | |
|---|---------------|------|
| Vitamin B-6 (as Pyridoxine Hydrochloride) | 15 mg | 882% |
| Magnesium (as Magnesium Aspartate) | 90 mg | 21% |
| Zinc (as Zinc Citrate) | 30 mg | 273% |
| L-Theanine | 100 mg | * |
| L-Tyrosine | 100 mg | * |
| L-Tryptophan | 100 mg | * |
| GABA (gamma-Aminobutyric Acid) | 50 mg | * |
| Melatonin | 1 mg | * |

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Povidone, Croscarmellose Sodium, Stearic Acid Vegetable Source, Carnauba Wax, Vegetable Acetoglycerides, Polysorbate 80, Polyethylene Glycol.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

WARNING: For use only at bedtime, not intended for children under 5 years old. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Lot No./Best By: