

• PROSTATE • KIDNEY • SKIN

LIVER • BLOOD PRESSURE • PROSTATE

You need protection and support and for way more than just your liver. You need **proven** ingredients that cover an array of health benefits directly for what you need most. **Liver and Organ Defender** provides what is most important to you. A loaded and generously packed support supplement aimed at countering and combating side effects such as acne, high blood pressure, liver damage, kidney harm, and prostate enlargement. 5% Nutrition created **Liver and Organ Defender** with the type of protection and support that you can trust and count on.

**KEEP OUT OF REACH OF CHILDREN**

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Exclusively Developed & Manufactured for:



Oceanside, CA 92056



[www.5percentnutrition.com](http://www.5percentnutrition.com)



DIETARY SUPPLEMENT

270 CAPSULES



Directions: Take 9 capsules morning, mid-day and evening time with a meal. DO NOT exceed 9 capsules in a 24 hour period. **Caution:** Discuss with your physician before taking if you have a medical condition or are taking any prescription medications. Stop use and discuss with your physician if any negative effects occur. Do not exceed suggested dose. Do not take if pregnant or nursing. Must be 18 years old to use this product. Keep away from children. Store in a cool, dry place.

## Supplement Facts

Serving Size: 9 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Vitamin D (as Cholecalciferol)	800 IU	200%
Vitamin B6 (as Pyridoxine Hydrochloride)	30 mg	1500%
Magnesium (as DIMagnesium Malate)	50 mg	13%
Zinc (as Zinc Bisglycinate Chelate)	30 mg	200%
Selenium (as Selenium Glycinate Chelate)	70 mcg	100%
<b>LIVER SUPPORT</b>		
N-Acetyl L-Cysteine	1,000 mg	†
Milk Thistle Powder (Seed)	600 mg	†
L-Glutathione (TwinTiger™)	30 mg	†
<b>HEART SUPPORT</b>		
Hawthorn Berry Powder (Berries)	1,100 mg	†
Alpha-Lipoic Acid	400 mg	†
Garlic Extract (Dried Bulb)	300 mg	†
DIMagnesium Malate	250 mg	†
Ubidecarenone (Co-Q10)	25 mg	†
<b>PROSTATE SUPPORT</b>		
Saw Palmetto Powder (Berries)	1,000 mg	†
<b>KIDNEY SUPPORT</b>		
Cordyceps Sinensis (Herb)	500 mg	†
<b>SKIN SUPPORT</b>		
Zinc Bisglycinate Chelate	300 mg	†
Selenium Glycinate Chelate	7,000 mcg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

Other Ingredients: Gelatin, Plant Cellulose, Magnesium Stearate, and Silicon Dioxide.

Net Weight: 270 capsules