

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

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Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

ACTUAL SIZE



**GNC**

# FISH OIL

OMEGA-3 SUPPLEMENT

Contains 300 mg of Omega-3s,  
including EPA & DHA  
Supports heart, brain, skin, eye &  
joint health\*



90 SOFTGELS



LEMON  
NATURAL FLAVOR

CODE 888622

GRG

Directions: As a dietary supplement, take one softgel capsule up to three times daily with food.

## Supplement Facts

Serving Size One Softgel Capsule

Amount Per Serving	% Daily Value
Calories .....	10
Total Fat.....	1 g ..... 1%†
Cholesterol .....	10 mg ..... 3%
Total Omega-3 Fatty Acids (including EPA/DHA).....	300 mg..... *

† Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**Ingredients:** Fish Oil, Softgel Capsule (Gelatin, Glycerin, Natural Lemon Flavor), Rosemary Leaf Extract (*Rosmarinus officinalis*), Vitamin E.

**CONTAINS: Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).**

Potency verified by GNC procedure #5123. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Corn, No Dairy, Yeast Free.

- Free of mercury, lead, heavy metals and PCBs
- From wild, deep ocean fish

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Lot No./Best By: