

CODE 20711
DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food. For maximum benefits, take as directed every day.

Each pack contains:
Mega Men® Multivitamin

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size Two Beige Caplets	
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcg 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 333%
Vitamin D (as Cholecalciferol D-3)	40 mcg 200%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	20.1 mg 134%
Vitamin K (as Phytonadione)	80 mcg 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 4167%
Riboflavin (Vitamin B-2)	50 mg 3846%
Niacin (as Niacinamide & Niacin)	50 mg 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2941%
Folate	680 mcg DFE 170% (Folic Acid 400 mcg)
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 1000%
Choline (as Choline Bitartrate)	10 mg 2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate & Calcium Ascorbate)	200 mg 15%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 24%
Zinc (as Zinc Oxide)	25 mg 227%
Selenium (as L-Selenomethionine)	200 mcg 364%
Copper (as Copper Sulfate)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Chloride)	120 mcg 343%
Molybdenum (as Sodium Molybdate)	75 mcg 167%
Amino Acid Blend 100 mg	
L-Arginine	50 mg
L-Glutamine	50 mg
Fruit & Vegetable Blend 68.5 mg	
Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Powder, Grape Skin Powder, Carrot Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi Fruit Powder, Saw Palmetto Berries Extract (<i>Serenoa repens</i>), Pumpkin Seed Powder (<i>Cucurbita pepo</i>).	
Super Antioxidant Blend 28.96 mg	
alpha-Lipoic Acid	25 mg
Lutemax® 2020 Lutein	2 mg
Lycopene	1 mg
Turmeric Root Extract (CurcuWIN®)(<i>Curcuma longa</i>)(20% Curcuminoids = 100 mcg)	500 mcg
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg
beta-Cryptoxanthin	10 mcg
Brain Health Blend 17.01 mg	
Inositol	10 mg
Silica (as Silicon Dioxide)	4 mg
Boron (as Sodium Borate)	2 mg
Grape Seed Extract (<i>Vitis vinifera</i>)	1 mg
Vanadium (as Sodium Metavanadate)	10 mcg

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Cellulose, Hydroxypropyl Methylcellulose, Dicalcium Phosphate, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Magnesium Stearate Vegetable Source, Natural Vanilla Mint Flavor, Stevia Leaf Extract, Titanium Dioxide (Mineral Whitener), Caramel Color, Polyethylene Glycol, Talc. **CONTAINS: Soybeans, Fish (Anchovy, Mackerel), Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof.**

Brain Health

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One Tan Capsule	
Ginkgo biloba Leaf Extract (24% Ginkgo Flavonglycosides = 28.8 mg)(6% Terpene Lactones = 7.2 mg)	120 mg*

* Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Vegetable Cellulose Capsule, Microcrystalline Cellulose, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Magnesium Stearate Vegetable Source, Polony verified by GNC procedure #5000. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

Joint Health

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One Capsule	
Acacia catechu Wood & Bark Extract and Chinese Skullcap (<i>Scutellaria baicalensis</i>) Root Extract	250 mg*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Gelatin, Hydroxypropylcellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

Digestive Enzymes

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One White Capsule	
n•zimes® Proprietary Blend	146 mg*
Amylase 3500 DU, Protease 4.5 7500 HUT, Lipase AN 125 FIP, Glucoamylase 5.5 AGU, Protease 3.0 7.5 SAPU, Bromelain 150,000 FCCPU, Protease 6.0 1000 HUT, Papan 140,000 FCCPU, Cellulase 50 CU, Diastase 62.5 DP	
CereCalase® Proprietary Blend	5 mg*
Hemicellulase, beta-Glucanase, Phytase	

* Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Gelatin, Medium Chain Triglycerides, Magnesium Stearate, Silica. **CONTAINS: Milk, Soybeans and Wheat.** Meets USP <2040> disintegration.

HUG

Heart & Eye Health

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One Amber Softgel	
Calories	15
Total Fat	1.5 g 2%†
EPA (Eicosapentaenoic Acid) Omega-3	540 mg
DHA (Docosahexaenoic Acid) Omega-3	360 mg

† Percent Daily Values are based on a 2,000 calorie diet.
 * Daily Value not established.

OTHER INGREDIENTS: Fish Body Oil, Gelatin, Glycerin, Vitamin E, Enteric Coating (Ethylcellulose, Sodium Alginate, Ammonium Hydroxide Medium Chain Triglycerides, Oleic & Stearic Acid). Potency verified by GNC procedure #5123. Conforms to USP <2091> for weight.

Vitality & Prostate Health

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One Dark Brown Capsule	
Saw Palmetto Berry Extract (<i>Serenoa repens</i>)(85% Fatty Acids = 272 mg)	320 mg*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Caramel Color, Titanium Dioxide (Mineral Whitener). Potency verified by GNC procedure #5123. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.
 No Artificial Flavors.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
 1-888-462-2548

SHOP NOW @ GNC.COM

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Antioxidant & Circulation

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One Capsule	
alpha-Lipoic Acid	50 mg*
Turmeric Root Extract (<i>Curcuma longa</i>)	50 mg*
resVida® trans-Resveratrol	30 mg*
Lutemax® 2020 Lutein (from Marigold Flower Extract [<i>Tagetes erecta</i>])	10 mg*
Zeaxanthin	2.2 mg*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Microcrystalline Cellulose, Magnesium Stearate Vegetable Source, Hydroxypropylcellulose, Stearic Acid Vegetable Source, Silicon Dioxide. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.


Muscle Protein Synthesis

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One White Capsule	
L-Leucine	500 mg*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Gelatin, Hydroxypropylcellulose, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener). Conforms to USP <2091> for weight. Meets USP <2040> disintegration.



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GNC

MEGA MEN®

Whole Body

Dietary Supplement

VITAPAK® PROGRAM WITH CLINICALLY STUDIED MULTIVITAMIN BLEND*

- Our most comprehensive Vitapak® program that provides support for both wellness and performance
- Targets 13 core functions for head-to-toe support*



30 PACKS
30-DAY SUPPLY

CLINICALLY STUDIED*

Whole Body