

Suggested Use: Mix 1/2 scoop in 6-8oz water 20-30 minutes before your workout. Once tolerance has been assessed, you may use one full serving (1 scoop.) A slight tingling sensation is normal and is due to the beta alanine. Be sure to stay hydrated and have a great workout!

WARNING: Product contains 200mg of caffeine per serving. Do not consume more than one serving over 3-4 hours. Do not exceed more than 2 servings per day. Do not use if sensitive to caffeine. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally, rapid heartbeat. Consult a physician before use if you are pregnant, lactating, have a medical condition (including but not limited to, hypertension or thyroid conditions), or taking any medication. Not recommended for use by children under 18 years of age. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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30
SERVINGS



ENERGY
ENDURANCE
PUMP

Alani

PRE-WORKOUT

BREEZEBERRY™

NATURALLY & ARTIFICIALLY FLAVORED

Supplement Facts

Serving Size: 1 Scoop (9.7g)

Servings per Container: 30

| | Amount Per Serving | %DV |
|--|--------------------|-----|
| L-Citrulline Malate 2:1 | 6 g | † |
| Beta-Alanine | 1.6 g | † |
| L-Tyrosine | 500 mg | † |
| Caffeine (from Coffea arabica [Bean] Extract) | 200 mg | † |
| L-Theanine | 200 mg | † |

†Daily Value (DV) Not Established

Other Ingredients: Sodium Citrate, Silica, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, Spirulina Extract.

Distributed by:

Alani

Alani Nutrition LLC
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Louisville, KY 40258

ALANINU.COM



DIETARY SUPPLEMENT
NET WT. 10.26OZ | 291G

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanuts.