

# PROTEIN CRISP

PROTEIN PACKED BAR  
IRRESISTIBLE CRUNCH

## Nutrition Facts

12 servings per container  
Serving size **1 Bar (56g)**

Amount per serving  
**Calories 230**

	% Daily Value*
<b>Total Fat</b> 7g	9%
Saturated Fat 3.5g	18%
<b>Cholesterol</b> 15mg	5%
<b>Sodium</b> 210mg	9%
<b>Total Carbohydrate</b> 22g	8%
Total Sugars 4g	
Includes 3g Added Sugars	6%
Sugar Alcohol 6g	
<b>Protein</b> 20g	40%
Calcium 140mg	10%
Iron 1mg	6%
Potassium 160mg	4%

Not a significant source of *trans* fat, dietary fiber and vitamin D.

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Dairy Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate), Isomalto-oligosaccharide, Soy Protein Isolate, Peanuts, Glycerin, Palm Kernel and Palm Oil, Tapioca Starch, Sugar, Maltitol Syrup, Partially Defatted Peanut Flour, Peanut Butter, Brown Rice, Water, Natural And Artificial Flavor, Salt, Dried Egg White, Calcium Carbonate, Reduced Mineral Whey Powder, Soy Lecithin, Peanut Oil, Agar, Rice Syrup, Sucralose, Almonds, Tocopherols, Sunflower Lecithin.

**Contains: Milk, Soy, Egg, Peanuts, and Almonds.**

Manufactured in a facility that also processes tree nuts and wheat.

**Distributed By:** Bio-Engineered Supplements & Nutrition, Inc.  
3500 LACEY ROAD, SUITE 1200, DOWNERS GROVE, IL 60515  
877.673.3727 • goBSN.com

Made in Canada from Domestic and Imported Ingredients.

**SUGGESTED USE:** For Healthy Adults, consume enough protein to meet your daily protein requirement with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

Store in a cool, dry place.



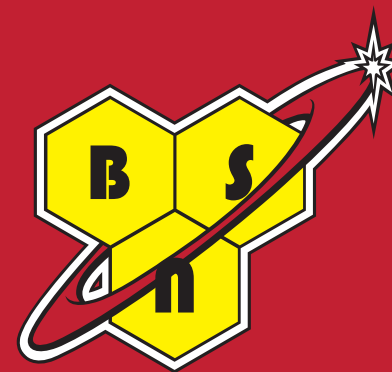
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**20 PROTEIN** | **4 SUGAR**  
GRAMS PER BAR | GRAMS PER BAR  
See nutrition facts for Sat Fat content



FINISH FIRST.<sup>®</sup>  
**PROTEIN CRISP**  
PROTEIN PACKED BAR  
IRRESISTIBLE CRUNCH

**PEANUT BUTTER CRUNCH FLAVOR**  
Naturally & Artificially Flavored



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**4 SUGAR**  
GRAMS PER BAR



**PEANUT BUTTER CRUNCH FLAVOR**  
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12 - 1.97 OZ (56 G) BARS  
NET WT 1.48 LB (672 G)



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