

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

**GNC**

# Folic Acid

## 400 MCG

Supports healthy fetal development\*  
Required for proper red blood  
cell formation\*

DIETARY SUPPLEMENT  
100 VEGETARIAN TABLETS

CODE 256020

BRG

**Directions:** As a dietary supplement, take one or two tablets daily. Daily folic acid intake should not exceed 1000 mcg.

## Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value for adults and children 4 or more years of age	% Daily Value for pregnant and lactating women
Folic Acid 400 mcg	100%	50%

**Other Ingredients:** Dextrose, Whole Brown Rice Powder (*Oryza sativa*).

Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord defect. No Preservatives, Sodium Free, No Soy, No Artificial Colors, No Wheat, No Dairy, No Artificial Flavors, Gluten Free, Yeast Free.

**Ko**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Lot No./Best By: