

Ignite your weight management plan.

Rev your metabolism, support lean muscle and satisfy your hunger*

- Features a thermogenic blend clinically proven to burn 3X more calories^{**}
- 30 grams of whey protein isolate to support lean muscle*
- Hunger satisfying so you can feel fuller, longer*
- Supports mental focus*
- Well balanced with high-quality protein & fiber
- Fortified with 24 vitamins & minerals
- Suitable for a low-carb diet
- Delicious, healthy addition to your daily meal plan

'In a double-blind, randomized, placebo-controlled cross-over study, 25 subjects exercised on a treadmill on two occasions. On one occasion, the subjects took the thermogenic blend before exercise and on the second occasion, they took a placebo. When the subjects took the thermogenic blend, they burned three times more calories before, 3% more calories during and 12 times more calories after exercise compared to when they took the placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548





LEAN SHAKE Burn

DIETARY SUPPLEMENT

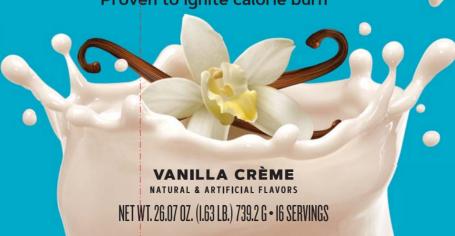
calories 170





200MG

High-protein meal replacement Proven to ignite calorie burn^*





CODE 369682

DIRECTIONS: As a dietary supplement, add two scoops (46.2 q) to 8 fl. oz. of cold water, mix well and enjoy 30 minutes prior

Supplement Facts

Serving Size Two Scoops (46.2 g) Servings Per Container 16

Amount Per Serving % Daily Value		Value	
Calories	170		
Total Fat	0.5 g	1%†	
Cholesterol	10 mg	3%	
Total Carbohydrate	11 g	4%†	
Dietary Fiber	5 g	18%†	
Total Sugars	2 g	*	
Includes 1 g Added Sugars		<2%†	
Protein	30 g	60%†	
Vitamin A (as Vitamin A Acetate) 37	5 mcg RAE	42%	
Vitamin C (as Sodium Ascorbate)	15 mg	17%	
Vitamin D (as Cholecalciferol)	2.5 mcg	13%	
Vitamin E (as dl-alpha Tocopheryl Acetate)	7.5 mg	50%	
Thiamin (as Thiamin Hydrochloride)	0.38 mg	32%	
Riboflavin	0.43 mg	33%	
Niacin (as Niacinamide)	20 mg	125%	
Vitamin B-6 (as Pyridoxine Hydrochloride)	0.5 mg	29%	
Folate 17	70 mcg DFE	43%	
	Folic Acid)		
Vitamin B-12 (as Cyanocobalamin)	1.5 mcg	63%	
Biotin	75 mcg	250%	
Pantothenic Acid (as Calcium d-Pantothena	te) 2.5 mg	50%	
Calcium (as Calcium Carbonate)	280 mg	22%	
Phosphorus	250 mg	20%	
(as Dimagnesium Phosphate & Dipotassium Phosphate)			
lodine (as Potassium lodide)	37.5 mcg	25%	

е	Amount Per Serving	% Daily \	/alue
	Magnesium	100 mg	24%
† 	(as Dimagnesium Phosphate & Magnesi	um Oxide)	
	Zinc (as Zinc Oxide)	3.75 mg	34%
	Selenium (as Sodium Selenite)	17.5 mcg	32%
t	Copper (as Copper Citrate)	0.5 mg	56%
	Manganese (as Manganese Sulfate)	0.5 mg	22%
t	Chromium (as Chromium Chloride)	30 mcg	86%
t	Molybdenum (as Sodium Molybdate)	18.75 mcg	42%
<u>,</u>	Sodium	140 mg	6%
%	Potassium (as Dipotassium Phosphate)	420 mg	9%
%	L-Carnitine (as L-Carnitine L-Tartrate)	250 mg	*
%	Caffeine (as Caffeine Anhydrous)	200 mg	*
%	BioCore® Edge	100 mg	*
N N N N N N N N N N N N N N N N N N N	Peptidase (from Aspergillus oryzae) Proteases (from Aspergillus oryzae, Asp Aspergillus melleus)	ergillus niger and	
7	Sicilian Blood Orange	50 mg	
	(Citrus sinensis var Moro) Fruit & Peel		*
%	Cayenne (Capsicum annuum L. annuum) Fruit Extract	33.34 mg	
% % %	Piperine (from Black Pepper [<i>Piper nigru</i> Fruit Extract)	m] 5 mg	*
<u>%</u>	Lutein (from Marigold [<i>Tagetes erecta</i>] Flower Extract)	1 mg	*
_	t Percent Daily Values are based on a 2 C	00 calorio diot	

† Percent Daily Values are based on a 2,000 calorie diet. * Daily Value not established.

OTHER INGREDIENTS: Whey Protein Isolate, Partially Hydrolyzed Guar Gum, Natural & Artificial Flavors, Cellulose Gum. Contains less than 1%: Acesulfame Potassium, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Hydroxypropyl Methylcellulose,

Maltodextrin, Shellac, Soy Lecithin, Starch, Sucralose, Sugar, Tocopherols (Preservative).

CONTAINS: Milk, Soy and Wheat.

Distributed by: GNC Holdings, LLC

Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

⚠ WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction. Inform your physician of this product's biotic notent before any lab test.

NOTICE: Use in conjunction with the Total Lean® meal and exercise plan found on www.totallean.com. Do not use in diets supplying less than 400 calories per day without medical supervision.

Significant product settling may occur.

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Peptidase and Proteases as BioCore® Edge. BioCore® is a registered trademark of Deerland Probiotics & Enzymes, Inc.