

DIRECTIONS: Mix each scoop (serving) of GHOST® VEGAN PROTEIN with 8-10oz of water or beverage of choice. Vary amount of liquid to taste.

GHOST® VEGAN PROTEIN WAS CONCEIVED TO FEED SAVAGERY AROUND THE CLOCK



LEGENDS DON'T ALWAYS USE A SHAKER
GHOST® VEGAN PROTEIN is versatile AF. Use it in smoothies, protein ice cream, oats, pancakes and baked goods. Get inspired at ghostlifestyle.com

WARNING: This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTling MAY OCCUR.

MANUFACTURED FOR GHOST LLC
5651 S Edmond Street
Las Vegas, NV 89118, U.S.A.
1-844-GHOST-88 (446-7888)

MADE IN THE U.S.A.
IN A GMP COMPLIANT FACILITY
CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN

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WWW.GHOSTLIFESTYLE.COM

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.



GHOST

VEGAN PROTEIN
28 SERVINGS | NET WT. 2lb (910g)

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

110 CALORIES | **20g** PROTEIN
PANCAKE BATTER
 NATURALLY AND ARTIFICIALLY FLAVORED



NUTRITION FACTS	
Approx. 28 Servings per Container	
Serving Size: 1 Rounded Scoop (32.5 grams)	
Amount Per Serving	
CALORIES	110
	% Daily Value**
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	40%
Vitamin D 0mcg	0%
Calcium 35mg	2%
Iron 4mg	20%
Potassium 176mg	4%

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.
 Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Vegan Protein (Pea Protein Concentrate, Organic Pumpkin Protein, Watermelon Seed Protein), Natural and Artificial Flavors, Sunflower Creamer (High Oleic Sunflower Oil, Tapioca Starch, Tapioca Dextrin, Natural Flavors, d-Alpha Tocopherols), Salt, Xanthan Gum, Sucralose, Acesulfame Potassium

FULL DISCLOSURE PROTEIN	Pea Protein Concentrate 80%	15g Delivering 12g Protein
	Organic Pumpkin Protein 70%	7.86g Delivering 5.5g Protein
Watermelon Seed Protein 75%	3.33g Delivering 2.5g Protein	

NO VEGGIE SPIKING  SOY FREE  GLUTEN FREE