

PRENATAL DHA

Research shows that healthy DHA levels in mothers during pregnancy and lactation support optimal brain and visual development in babies.* Prenatal DHA also provides mood support for mothers before, during, and after pregnancy in small, easy-to-swallow soft gels.*

Certified Sustainable | **Superior Absorption** | **No Fishy Aftertaste**

SUGGESTED USE: Two soft gels daily, with food, or as directed by your health care professional.

Store in a cool, dry place, away from sunlight. Do not take if tamper-evident seal is broken or missing. Keep out of reach of children.

Warning: Consult with your physician before taking this product if you have a known medical condition, are taking medications (including blood thinners), or if you are allergic to iodine.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Based on ClearCut, Nielsen, and SPINS annual sales data in the U.S. This product and its ingredients do not contain common GE genes or proteins. Visit igenprogram.com




**NORDIC
NATURALS®**



PRENATAL DHA

supports brain development
in babies during pregnancy*

**#1
FISH OIL
BRAND IN
THE USA†**

830 mg
OMEGA-3

400 IU
VITAMIN D3

180 SOFT GELS • FISH OIL SUPPLEMENT

**3RD PARTY
PURITY
TESTED**



American
Pregnancy
ASSOCIATION
OFFICIAL
OMEGA-3

Please ♻️ this container

Rev. 1/11

Supplement Facts

Serving Size: 2 Soft Gels
Servings Per Container: 90

Amount Per Serving	% Daily Value**†	
Calories	10	
Total Fat	1 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin D3 (Cholecalciferol)	10 mcg (400 IU)	67%
Total Omega-3s [‡]	830 mg	†
EPA (Eicosapentaenoic Acid)	205 mg	†
DHA (Docosahexaenoic Acid)	480 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

‡ Daily Value for pregnant women and lactating women.

‡ Includes EPA, DHA, and Other Omega-3s.

§ Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water), RRR-alpha tocopherol (antioxidant), vitamin D3 (olive oil, cholecalciferol).

No gluten, milk derivatives, or artificial colors or flavors.

Fish oil processed in Norway | Manufactured in the U.S. by: Nordic Naturals, Mfg.
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