LIQUID I.V.™

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Fueling Life's Adventures

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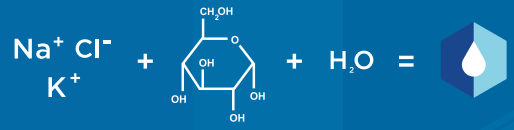
MADE IN U.S.A. | GF Gluten Free | S Soy Free | DF Dairy Free | V Vegan

DID YOU KNOW... 3 in 4 people are chronically dehydrated? Water makes up about 2/3 of who we are and influences 100% of the processes in our body. Optimal hydration is the key to our body's performance – whether on the job, at the gym or living life to the fullest.

THE KEY TO HYDRATION IS UPTAKE, NOT INTAKE. Conventional hydration products are not optimized for absorption. Our body's absorption of water is absolutely dependent on the co-transport of electrolytes, particularly sodium, and glucose.

CELLULAR TRANSPORT TECHNOLOGY (CTT) – HYDRATION OPTIMIZED. The science of CTT is based on an optimal ratio of nutrients that delivers hydration directly to your cells, hydrating you more efficiently and 2–3x faster than water alone!



Mined Salt + Potassium + Pure Beet Sugar + Water = **CTT**

The Liquid I.V. Nutrient Delivery System utilizes CTT to combat the effects of dehydration caused by active lifestyles, intense physical exertion, jet lag, and more. Here to help fuel—or recover from—life's adventures, Liquid I.V. optimizes the benefits of water..
FEEL THE LIQUID I.V. DIFFERENCE FOR YOURSELF!

HYDRATION MULTIPLIER

utilizing

CTT

(Cellular Transport Technology)

HYDRATES 2–3x FASTER THAN WATER ALONE
3x THE ELECTROLYTES OF LEADING SPORTS DRINKS
11 ESSENTIAL VITAMINS AND MINERALS

LEMON LIME

NATURAL POWDER DRINK MIX

This Box Contains 8 Individual Stick Packs

Net Wt. 128g (4.52oz)

OUR MISSION: DEFEATING DEHYDRATION GLOBALLY
The science utilized in Liquid I.V. was originally developed by the World Health Organization (WHO) to save lives from dehydration. We remain true to our give-back roots by donating thousands of servings of Liquid I.V. to developing nations around the world. Most recently, we partnered with non-profit organization, Hands Together, to bring Liquid I.V. to the people of Haiti. Each Liquid I.V. purchase directly impacts the lives of those who need it most.

OUR STORY
Liquid I.V. was founded in 2012 by two best friends from the beaches of Santa Monica, CA. As collegiate athletes, Brandin and Hayden were sick of consuming chemical and sugar filled sports drinks. So they partnered with a group of world-renowned nutrition scientists to create a line of healthy, effective, and great tasting products based on a breakthrough nutrient delivery system.

Nutrition Facts

Serving Size 1 stick (16g)
Servings Per Container 8

Amount Per Serving	
Calories 45	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	21%
Potassium 370mg	11%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Sugars 11g	
Protein 0g	
Vitamin A	0%
Vitamin C	110%
Calcium	0%
Iron	0%
Niacin	110%
Vitamin B6	110%
Vitamin B12	110%
Pantothenic Acid	110%
Phosphorus	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

This breakthrough hydration science depends on pure beet sugar strictly for function, not taste.

INGREDIENTS:
Beet Sugar, Dextrose, Citric Acid, Salt, Potassium Citrate, Sodium Citrate, Natural Flavors, Dipotassium Phosphate, Silicon Dioxide (Anticaking Agent), Rebaudioside-A (Stevia Leaf Extract), Ascorbic Acid (Vitamin C), Niacinamide (Vitamin B3), D-Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12)

SUGGESTED USE:
Add 1 stick pack to 16oz of water and mix thoroughly before drinking. Take as needed to support hydration. Multiple servings can be consumed. Recommended by doctors and safe for kids. Store in a cool, dry place. When exposed to moisture or heat, product may clump but is still effective and safe for consumption.

DISTRIBUTED BY:
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Questions or comments?
Call us at 1.855.386.4021