

RELAXIUM® SLEEP

M.D. FORMULATED

DIRECTIONS: Adults take 2 vegan capsules 30-60 minutes before bed. Use nightly for best results. To accommodate personal need, you may safely take up to 4 capsules per night to help you fall asleep or assist you in getting back to sleep.



MADE IN
U.S.A.



GLUTEN
FREE



CLINICALLY PROVEN
FORMULA



100%
VEGAN

Non Habit Forming* • Formulated with Drug Free Ingredients by a Clinical Neurologist* • Regulates the Natural Sleep Cycle* • Relaxes the Body* • Calms the Mind*

WARNING: Consult your healthcare professional before use if you are pregnant, nursing, or taking any medication. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Keep Out of the Reach of Children • Protect from Heat, Light and Moisture • Do Not Use if Safety Seal is Broken or Missing • Store at 15-30°C (59-86°F)

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

RELAXIUM®

SLEEP

DRUG FREE SLEEP SUPPORT
Clinically Proven Formula

Fall Asleep Faster*
Stay Asleep Longer*
Wake Refreshed & Alert*

60 VEGAN CAPSULES | 30 SERVINGS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

	Amount Per Serving	%DV**
Magnesium (as magnesium oxide, Magnesium citrate and magnesium bisglycinate)	100 mg	24%
L-Tryptophan	500 mg	**
Valerest® Proprietary Blend of Valerian (<i>Valerian officinalis</i>) (root) extract 5:1, Hops (<i>Humulus lupulus</i>) (aerial part) extract 10:1	228.9 mg	**
Ashwagandha (<i>Withania somnifera</i>) (root and leaf) extract (standardized to 8% withanolide glycoside conjugates)	125 mg	**
GABA (Gamma-aminobutyric Acid)	100 mg	**
Chamomile (<i>Matricaria recutitia</i>) [flower] powder	75 mg	**
Passionflower (<i>Passiflora incarnata</i>) [flower] extract 10:1	75 mg	**
Melatonin	5 mg	**

**Daily Value (DV) not established.

OTHER INGREDIENTS: hypromellose (capsule), rice flour

Valerest® is a registered trademark of the American Behavioral Research Institute, USA

Contains No: GMO, gluten, nuts, yeast, sugar, dairy, eggs, tree nuts, fish, shellfish, soy, corn, wheat, barley, or artificial ingredients.



Distributed by: American Behavioral
Research Institute
Boca Raton, FL 33496

888-353-1205 • relaxium.com

