

Suggested Usage: Take 2 tablespoons daily mixed in milk, cereal or juice. Also add to cooking and baking recipes to boost nutritional content.

NOW® Brewer's Yeast delivers the natural nutrient profile found in genuine whole foods.

Brewer's yeast has naturally occurring protein and several B-vitamins. It is produced by cultivation of *Saccharomyces cerevisiae* in the production of beer. After fermentation, the yeast is separated from the beer, roller dried and debittered.

Not manufactured with soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry place after opening.



Brewer's Yeast

Super Food

Reduced Bitterness

NET WT. 1 LB. (454 g)

Vegetarian/Vegan



General Health

Family owned since 1968.

Nutrition Facts

About 28 servings per container

Serving size 2 tbsp (16g)

Amount per serving

Calories 60

% Daily Value*

Total Fat 0.5g <1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 10mg <1%

Total Carbohydrate 7g 3%

Dietary Fiber 5g 18%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 7g 14%

Vit. D 0mcg 0% • Calcium 46mg 4%

Iron 2mg 10% • Potas. 291mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CODE 2420 V8



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INGREDIENT: BREWER'S YEAST (DRIED, INACTIVE).
CONTAINS WHEAT. Brewer's yeast is derived from barley and wheat.
QUALITY TESTED BY & PACKAGED FOR NOW FOODS
395 S. GLEN ELLYN RD., BLOOMINGDALE, IL 60108, USA
nowfoods.com

