

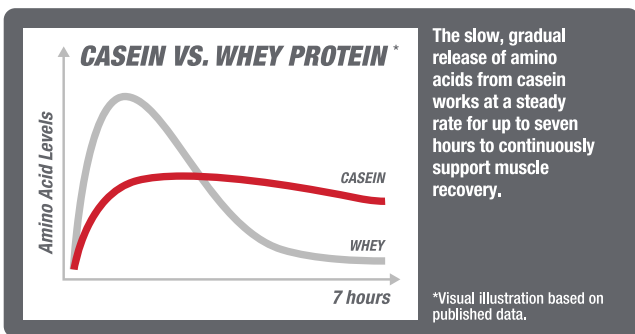
PRO PERFORMANCE® RESULTS

Maintaining adequate protein levels throughout the day can be a challenge. Casein is a slow-release protein naturally rich in glutamine and branched chain amino acids (BCAA). 100% Casein contains 25 grams of protein, providing slow and steady amino acids for muscle growth and maintenance over several hours.^* A perfect choice for overnight and long-period lean muscle recovery, 100% Casein supports your wellness and performance goals.^*

PRO PERFORMANCE® QUALITY

100% Casein is tested and certified Banned Substance Free.♦ It is gluten free, tastes great and mixes easily with a simple stir, shake or blend.

^When used in conjunction with an exercise program.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 220 banned substances on the 2021 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

PRO PERFORMANCE

25G PROTEIN | 130 CALORIES | 1G SUGARS

100% CASEIN

High-Quality, Gluten-Free Protein

Supports Muscle Recovery with Slow-Digesting Protein^*

DIETARY SUPPLEMENT

NET WT. 34.57 OZ. (2.16 LB.) 980 G

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CHOCOLATE SUPREME

NATURAL AND ARTIFICIAL FLAVORS

CODE 123402

DIRECTIONS: As a dietary supplement, mix one scoop (35 g) in 10 fl. oz. of cold water or your favorite beverage and blend well. Consume 1 serving per day. Best enjoyed early in the day, post-workout or before bed as an additional source of protein.

Supplement Facts

Serving Size One Scoop (35 g)
Servings Per Container 28

Amount Per Serving	% Daily Value	
Calories	130	
Total Fat	1.5 g	2%†
Saturated Fat	0.5 g	3%†
Cholesterol	20 mg	7%
Total Carbohydrate	4 g	1%†
Dietary Fiber	1 g	4%†
Total Sugars	1 g	*
Includes 0 g Added Sugars		0%†
Protein	25 g	50%†
Calcium	600 mg	46%
Iron	1 mg	6%
Sodium	200 mg	9%
Potassium	260 mg	6%

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

INGREDIENTS: Micellar Casein, Cocoa (Processed with Alkali), Natural & Artificial Flavors, Soy Lecithin, Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate [a Milk Derivative], Tricalcium Phosphate, Mono- and Diglycerides, Mixed Tocopherols [Antioxidant]), Salt, Sodium Gluconate, Potassium Chloride, Sucralose, Acesulfame Potassium, Polydextrose.

CONTAINS: Milk and Soybeans.

Distributed by: GNC Holdings, LLC
Pittsburgh, PA 15222 USA

NOTICE: Use this product as a food supplement only.

Do not use for weight reduction.

Significant product settling may occur.

THREE WAYS TO ENJOY YOUR 100% CASEIN PROTEIN

1 SHAKE
Combine with cold water, milk or your favorite beverage in a shaker cup



2 BLEND
Make a delicious smoothie adding fruits, juices, peanut butter or yogurt



3 EAT
Mix powder in your oatmeal, yogurt or your favorite food



KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

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