

**GNC**  
HERBAL PLUS®

CODE 187612

ARG

Directions: As a dietary supplement, take one capsule daily.

KEEP OUT OF REACH  
OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

# Ashwagandha Extract 470<sup>MG</sup>

HERBAL SUPPLEMENT

*Promotes General  
Well-Being\**

*Vegetarian  
Standardized Extract*

100 CAPSULES



## Supplement Facts

Serving Size One Capsule

Amount Per Serving	
Ashwagandha Root Extract	470 mg*
( <i>Withania somnifera</i> )	
(1.5% Withanolides = 7 mg)	

\* Daily Value not established.

**Other Ingredients:** Vegetable Cellulose Capsule, Cellulose, Maltodextrin, Dicalcium Phosphate.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugar, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free, No Soy, No Dairy, Yeast Free.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Lot No./Best By: