

Suggested Use: As a dietary supplement take one (1) capsule in the morning. A second dose can be taken after tolerance has been assessed. Do not exceed 2 capsules daily.



WARNING: Do not use if you are under 18 years of age. If you have any medical condition or you are currently using prescription medications, please consult your physician before taking this or any other dietary supplements. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

**BEAUTY
INSIDE**



Alani
S E L F

**FAT
BURNER
CAPSULES**

BOOST METABOLISM*

PROMOTES FAT LOSS*

ENERGY & FOCUS*

**DIETARY SUPPLEMENT
60 DAY SUPPLY
60 VEGGIE CAPSULES**

Supplement Facts

Serving Size: 1 Veggie Capsule
Servings per Container: 60

	Amount Per Serving	%DV
Microencapsulated Extended Release Caffeine (providing 50 mg caffeine)	84 mg	**
<i>Coffea arabica</i> [Bean] (Standardized to 99% Caffeine)	50 mg	**
<i>Griffonia simplicifolia</i> [Seed] (Standardized to 98% 5-HTP)	50 mg	**
Dimethylaminoethanol (DMAE) Bitartrate	50 mg	**
Grains of Paradise (<i>Aframomum melegueta</i>) [Seed] (Standardized to 12.5% 6-Paradol)	50 mg	**
<i>Rauwolfia vomitoria</i> [Root Bark] (Standardized to 90% Rauwolfscine)	125 mcg	**

†Daily Value (DV) Not Established

Other Ingredients: Hypromellose (Veggie Capsule), Cellulose, ER Caffeine Coating [Hydrogenated Vegetable Oil, Monoglycerides], Silica, Vitamin C (as Ascorbyl Palmitate).

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes products containing milk, eggs, soybeans, shellfish, fish oil, tree nuts, and peanuts.

Distributed by:

Alani
NUTRITION

Alani Nutrition LLC
7201 Intermodal Dr. Ste A.
Louisville, KY 40258

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