

**GNC**  
TOTAL LEAN®

# LEAN SHAKE™ 25

Hunger-satisfying, high-protein  
meal replacement  
Helps keep you fuller, longer

CALORIES  
**170**

PROTEIN  
**25G**

SUGAR  
**1G**

**VANILLA BEAN**  
NATURAL & ARTIFICIAL FLAVORS

14 FL. OZ. (414 mL) • 1 SERVING

**OUR QUALITY**

**COMMITMENT TO YOU**

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

Store in a cool, dry place.

For More Information:  
1-888-462-2548  
GNC.com

CA Cash Refund  
ME 5¢ Deposit

227233



CODE 333006

DWG

**DIRECTIONS FOR USE:** SHAKE WELL BEFORE DRINKING. Use as a meal replacement or convenient snack. Chill before drinking. Refrigerate after opening.

## Nutrition Facts

Serving size **One Bottle 14 fl. oz. (414 mL)**

Amount Per Serving

**Calories** **170**

	% Daily Value*	
<b>Total Fat</b> 6g		<b>8%</b>
Saturated Fat 1g		<b>5%</b>
Trans Fat 0g		
<b>Cholesterol</b> 20mg		<b>7%</b>
<b>Sodium</b> 330mg		<b>14%</b>
<b>Total Carbohydrate</b> 6g		<b>2%</b>
Dietary Fiber 3g		<b>11%</b>
Total Sugars 1g		
Includes 0g Added Sugars		<b>0%</b>
<b>Protein</b> 25g		<b>50%</b>

Vitamin D	5mcg (200 IU)	25%	+	Calcium	500mg	40%
Iron	5mg	30%	+	Potassium	310mg	6%
Vitamin A	225mcg RAE	25%	+	Vitamin C	23mg	25%
Vitamin E	4mg	25%	+	Vitamin K	30mcg	25%
Thiamin	0.3mg	25%	+	Riboflavin	0.3mg	25%
Niacin	4mg	25%	+	Vitamin B-6	0.4mg	25%
Folate	100mcg DFE (60mcg Folic Acid)	25%	+	Vitamin B-12	0.6mcg	25%
Biotin	7.5mcg	25%	+	Pantothenic Acid	1.3mg	25%
Phosphorus	600mg	50%	+	Iodine	38mcg	25%
Magnesium	100mg	25%	+	Zinc	2.8mg	25%
Selenium	14mcg	25%	+	Copper	0.2mg	20%
Manganese	0.6mg	25%	+	Chromium	9mcg	25%
Molybdenum	11mcg	25%				

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Filtered Water, Milk Protein Concentrate, Milk Protein Isolate and Less than 2% Acesulfame Potassium, Calcium Caseinate, Carrageenan, Cellulose Gel, Cellulose Gum, DATEM, Lactase, Maltodextrin, Natural and Artificial Flavors, Salt, Sucralose, Sunflower, Safflower and/or Canola Oil, Vitamin and Mineral Blend (Magnesium Phosphate, Potassium Citrate, Sodium Hexametaphosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Aspartate, dl-Alpha Tocopherol Acetate, Biotin, Vitamin A Palmitate, Niacinamide, Phytomenadione, Potassium Iodide, d-Calcium Pantothenate, Chromium Chloride, Copper Amino Acid Chelate, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Manganese Sulfate, Maltodextrin), Whey Protein Concentrate.

**CONTAINS:** Milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

California Residents Only:

⚠️ **WARNING:** Cancer and Reproductive Harm - [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov)

**NOTICE:** Use in conjunction with the Total Lean® Meal and Exercise Plan found on [www.totallean.com](http://www.totallean.com). Do not use in diets supplying less than 400 calories per day without medical supervision.



GLUTEN  
FREE