GLUE AREA

CODE 333014 **GXG**

DIRECTIONS FOR USE: SHAKE WELL BEFORE DRINKING. Use as a meal replacement or convenient snack. Chill before drinking. Refrigerate after opening.

Nutrition Facts

12 Servings Per Container

Serving Size	**One Bottle 14 fl. oz. (414 mL)**
Amount Per Serving **Calories**	**170**
	% Daily Value*
Total Fat 6g	**8%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 20mg	**7%**
Sodium 330mg	**14%**
Total Carbohydrate 6g	**2%**
Dietary Fiber 3g	**11%**
Total Sugars 1g	
Includes 0g Added Sugars	**0%**
Protein 25g	**50%**

Vitamin D	5mcg (200 IU)	25%	•	Calcium	500mg	40%
Iron	5mg	30%	•	Potassium	310mg	6%
Vitamin A	225mcg RAE	25%	•	Vitamin C	23mg	25%
Vitamin E	4mg	25%	•	Vitamin K	30mcg	25%
Thiamin	0.3mg	25%	•	Riboflavin	0.3mg	25%
Niacin	4mg	25%	•	Vitamin B-6	0.4mg	25%
Folate	100mcg DFE (60mcg Folic Acid)	25%	•	Vitamin B-12	0.6mcg	25%
Biotin	7.5mcg	25%	•	Pantothenic Acid	1.3mg	25%
Phosphorus	600mg	50%	•	Iodine	38mcg	25%
Magnesium	100mg	25%	•	Zinc	2.8mg	25%
Selenium	14mcg	25%	•	Copper	0.2mg	20%
Manganese	0.6mg	25%	•	Chromium	9mcg	25%
Molybdenum	11mcg	25%				

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Milk Protein Concentrate, Milk Protein Isolate and Less Than 2% of: Acesulfame Potassium, Calcium Caseinate, Carrageenan, Cellulose Gel, Cellulose Gum, DATEM, Lactase, Maltodextrin, Natural & Artificial Flavors, FD&C Blue 1, FD&C Red 3, Salt, Sucralose, Sunflower, Safflower and/or Canola Oil, Vitamin Mineral Blend (Magnesium Phosphate, Potassium Citrate, Sodium Hexametaphosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Aspartate, dl-alpha Tocopheryl Acetate, Biotin, Vitamin A Palmitate, Niacinamide, Phytomenadione, Potassium Iodide, Calcium d-Pantothenate, Chromium Chloride, Copper Amino Acid Chelate, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Manganese Sulfate, Maltodextrin), Whey Protein Concentrate.

CONTAINS: Milk.

Gf GLUTEN FREE

Distributed by:
GNC Holdings, LLC
Pittsburgh, PA 15222 USA

California Residents Only:

⚠**WARNING:** Cancer and Reproductive Harm - www.P65Warnings.ca.gov

NOTICE: Use in conjunction with the Total Lean® Meal and Exercise Plan found on www.totallean.com. Do not use in diets supplying less than 400 calories per day without medical supervision.

GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on-the-go snacks

For your customized Total Lean® experience, visit www.totallean.com.

^A randomized clinical study consisting of 109 healthy participants compared the use of Lean Shake™ 25 Ready-to-Drink in conjunction with a meal and exercise plan (total daily caloric intake of 1,500 calories) to a 1,500-calorie diet & exercise plan alone. This study resulted in nearly twice as much total weight loss (-7.6 vs. -3.9 pounds), along with improvements in Body Mass Index (BMI) among the Lean Shake™ 25 RTD users at the end of 12 weeks. Meal & exercise plan available at www.totallean.com.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

FPO - Stamp Area
Do Not Print

Available in 3 great flavors.

Vanilla Bean | Swiss Chocolate | Strawberries & Cream

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Store in a cool, dry place.
For More Information:
1-888-462-2548
GNC.com

ZERO ADDED SUGAR†

†Not a low calorie food. See Nutrition Facts for sugar and calorie content.

STRAWBERRIES & CREAM
NATURAL & ARTIFICIAL FLAVORS
12-14 FL. OZ. (414 ML) BOTTLES—(168 FL. OZ.)(4.97 L) • 12 SERVINGS

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GNC
TOTAL LEAN®

LEAN SHAKE™ 25

Hunger-satisfying, high-protein meal replacement

Clinically proven to improve weight loss^

ZERO ADDED SUGAR†

25G PROTEIN | **3G** FIBER | **170** CALORIES

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LEAN SHAKE™
25

1/4" BLEED OFF CARTON

Customer: 11/4/2010
Design #: 64815CR1 7 5/8" x 5 5/16" x 15 5/8"
Desc: CUSTOMER GLUED RSC B-LAM
PRINT SIDE DESIGN SIZE 27 5/8" X 21 1/4"

GNC
LIVE WELL

75 Hopper Place, Suite 501
Pittsburgh, PA 15222

Round: RELEASE - AP

Revise Date: 9/19/22

File name:
333014_GXG_LeanShake25RTDCase_Carton.eps

Application: Adobe Illustrator CC

Artwork is set up at 100%

Color Palette

CMYK + 3 Spot Colors

PMS 2200	Black	Yellow
Line Art Black	Cyan	Magenta
PMS 2145		

COLORS ARE COMPUTER SIMULATED AND ARE NOT FOR COLOR MATCHING.
Varnishes/Coatings may not be included in color palette specifications. Refer to print specifications .

Contact: Heather Cass at GNC,
412.338.2577
or Email: heather-cass@gnc-hq.com

Supplier is responsible for checking files for accuracy in:

- measurements
- print tolerance requirements
- registration
- construction of artwork

* Changes made to suit production requirements must be approved by GNC.

* Proofs and copy changes must be sent to GNCPackaging@gnc-hq.com for review.