

# PRO PERFORMANCE<sup>®</sup> ESSENTIAL AMINO COMPLETE PLUS ENERGY

## RESULTS

Get amino acids crucial to lean muscle maintenance plus energy and hydration to push endurance and recovery.\* This enhanced intra-workout formula combines 5 grams of BCAA, in an optimal 2:1:1 ratio, with 5 grams of EAA plus an energy blend and electrolyte complex – providing you recovery, optimal performance, focus and hydration support.\*

## QUALITY

Essential Amino Complete Plus Energy is tested and certified Banned Substance Free.\* It tastes amazing, contains no sugar and mixes easily with a simple stir, shake or blend.

## USAGE BENEFITS

### Throughout the Day

Fuels muscles\*. Supports energy, focus and recovery.\*

### During Workout

Hydrates and fuels muscles.\* Supports Focus.\*

### Post-Workout

Supports recovery.\*

### Non-Training Days

May be used to support energy, focus and muscle protein synthesis.\*

^When used in conjunction with an exercise program.



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

**GNC**  
**PRO**  
**PERFORMANCE**

**10G** TOTAL AMINOS | **5G** BCAA | **5G** EAA | **1.2G** ENERGY BLEND

# ESSENTIAL AMINO COMPLETE PLUS ENERGY

Supports Muscle Recovery\*  
Fuels Energy & Focus\*

DIETARY SUPPLEMENT  
30 SERVINGS

Net Wt 15.87 oz (450 g)



**STRAWBERRY KIWIFruit**  
NATURAL AND ARTIFICIAL FLAVORS



CODE 414644

DTG

**DIRECTIONS:** As a dietary supplement, mix one scoop in 10-16 fl. oz. of cold water and consume during workouts, post-workout and/or throughout the day. Do not take before bedtime. See usage benefits.

## Supplement Facts

Serving Size One Scoop (15 g)

Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	10
Total Carbohydrate	3 g 1%†
Total Sugars	0 g *
Includes 0 g Added Sugars	0%†
Chloride (as Potassium Chloride, Sodium Chloride)	330 mg 14%
Sodium (as Trisodium Citrate Dihydrate, Sodium Chloride)	215 mg 9%
Potassium (as Potassium Chloride)	210 mg 4%
<b>Total Essential Amino Acids</b>	<b>10 g *</b>
<b>BCAA</b>	<b>5 g *</b>
L-Leucine	2.5 g *
L-Isoleucine	1.25 g *
L-Valine	1.25 g *
<b>Essential Amino Acid Blend</b>	<b>5 g *</b>
Micronized Threonine, Micronized Lysine, Micronized Phenylalanine, Micronized Tryptophan, Micronized Methionine, Micronized Histidine	
<b>Energy Blend</b>	<b>1.2 g *</b>
L-Tyrosine	1 g *
L-Theanine (as SunTheanine®)	100 mg *
Caffeine (as Coffee Bean Extract - Standardized to 98% Caffeine)	100 mg *
<b>Electrolyte Complex:</b>	<b>1.11 g *</b>
Trisodium Citrate Dihydrate, Potassium Chloride, Sodium Chloride	

† Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** Citric Acid, Natural and Artificial Flavors, Inulin, Guar Gum, Silicon Dioxide, Malic Acid, Sucralose, Acesulfame Potassium, FD&C Red 40.  
**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugar.

One scoop supplies 100 mg of caffeine.

NOTICE: Significant product settling may occur.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested for over 145 banned substances on the 2018 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

**Suntheanine**<sup>®</sup>  
SunTheanine<sup>®</sup> is a registered trademark of Taiyo International, Inc.