

SUGGESTED USE: Mix each scoop (serving) of GHOST® BCAA with 8-10oz of water or beverage of choice. Vary amount of liquid to taste. Consume during or after exercise on training days or throughout the day as a performance thirst quencher.

GHOST® BCAA WAS CONCEIVED TO SUSTAIN GREATNESS AT ANY HOUR*



FITNESS



SPORT



PARTY



ANYTIME

WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Before using this product, consult a licensed, qualified healthcare professional if: you are taking any medications or other dietary supplement, or prescription drug; or if you have or have been treated for, diagnosed with or have a family history of, any medical condition. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product. Not for use by women that are pregnant, nursing, or trying to become pregnant.

California Prop 65 Warning: This product may expose you to chemicals known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTling MAY OCCUR.

MANUFACTURED FOR GHOST LLC
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MADE IN THE U.S.A.
CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**SOUR
THEN SWEET.**

GHOST

30 | **BCAA**
SERVINGS | AMINO ACIDS
DIETARY SUPPLEMENT | NET WT. 11.6oz (330g)

**SOUR
PATCH**
Kids

**BLUE
RASPBERRY**
NATURALLY AND ARTIFICIALLY FLAVORED

SUPPLEMENT FACTS

Serving Size: 1 Scoop (11 g)
Servings Per Container: 30

	Amount Per Serving	%DV**
Calories	0	
Total Carbohydrate	0 g	0%
Total Sugars	0 g	†
Includes 0g Added Sugars		0%
Sodium	40 mg	2%
GHOST® BCAA		
Vegan Fermented 2:1:1 BCAA	7000 mg	†
Instantized L-Leucine	3500 mg	†
Instantized L-Isoleucine	1750 mg	†
Instantized L-Valine	1750 mg	†
AstraGin® (Astragalus membranaceus and Panax notoginseng) Root extracts	25 mg	†

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Malic Acid, Citric Acid, Tartaric Acid, Natural and Artificial Flavor, Sucralose, Silicon Dioxide, Calcium Silicate, Himalayan Pink Sea Salt, FD&C Blue #1

V VEGAN FRIENDLY GF GLUTEN FREE SF SOY FREE S SUGAR FREE

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AstraGin
AstraGin®, NuLiv Science USA, Inc.