SUGGESTED USE: Mix one (1) scoop with 8-10 ounces of water 30 minutes prior to training. Experienced users may choose to mix two (2) scoops with 12-16 ounces of water 30 minutes prior to training. DO NOT EXCEED 2 SCOOPS PER DAY.

*Note: By nature, ingredients in PODIUM PUMP may be hygroscopic, store in a cool, dry place once opened. This tendency does not decrease the products efficacy.

COMBINE WITH PODIUM FUSE FOR ADDED FOCUS AND PERFORMANCE ENERGY.

WARNING: This product is intended for use by only healthy adults ages 18 or older. Pregnant or nursing women, individuals with known or suspected medical conditions, and those taking medications should not use this product. Consult a health care provider prior to using this or any dietary supplement. Discontinue use and seek immediate medical attention if you experience any adverse reaction to taking this product, DO NOT EXCEED 2 SCOOPS PER DAY, Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place. USE ONLY AS DIRECTED.

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the state of California to cause cancer, birth defects, or other reproductive harm. Visit www.p65warnings.ca.gov for more information.



Proudly manufactured in the United States in a GMP compliant facility with ingredients of domestic and international origin.



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PODIUM[®]

DIETARY SUPPLEMENT **NEUTRAL** NET WT. 264 G (9.31 OZ)

SUPPLEMENT FACTS

| Serving Size: 1 Scoop | 1 Scoop (6.6 g) 2 Sco | op (13.2 g |
|-------------------------|-----------------------|------------|
| Servings Per Container: | 40 | 20 |
| Amount Per Serving | %DV* | %DV |

| Galorica | - | · |
|--------------------|------------|------------|
| Total Carbohydrate | 1g 0% | 2g 1% |
| Podium Performance | | |
| L-Citrulline | 3,000 mg † | 6,000 mg † |
| Taurine | 1,000 mg † | 2,000 mg † |
| Dextrose | 750 mg † | 1500 mg † |

| Nitrosigine® (Inositol-Stabilized Arginine | | |
|--|----------|--------|
| Silicate) | 500 mg † | 1000 m |
| Betaine HCI | 500 mg † | 1000 n |
| Pine (Pinus elliottii) { Bark} Extract | 100 mg † | 200 n |
| VasoDrive-AP®(Casein Hydrolysate) | 50 mg † | 100 п |
| Setria® L-Glutathione | 50 mg † | 100 n |
| AstraGin™ (Panax notoginseng [Root] | | |

| 25 mg † | 50 |
|---------|---------|
| | 25 mg † |

*Percent Daily Values are based on a 2000 calorie diet. † Daily Value not established.

OTHER INGREDIENTS: Silica, Sodium Citrate, Calcium Carbonate, Natural Flavors, Stevia Leaf Extract CONTAINS: Milk

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil. tree nuts, and peanuts

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

