

Built by Science.  
Driven by Obsession.  
Elevated Through Innovation.

If it's on our labels, then it's in our bottles. Get lit and train with focus, intensity and pumps.\*

Proven Ingredients.  
Proven Doses. Clinical Quality.  
Real Science. Real Results.



**NOTICE:** Significant product settling may occur.  
Gluten Free, Sugar Free.  
This product contains 250 mg of caffeine.  
**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

For More Information:  
1-888-462-2548  
BEYONDRAW.COM

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BEYOND RAW®

LIT®

CLINICALLY DOSED  
PRE-WORKOUT

SPICED CIDER

NATURAL & ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

250mg

CAFFEINE

3g

L-CITRULLINE

3.2g

BETA-ALANINE

30 SERVINGS

NET WT. 14.6 OZ. (414 G)

CODE 759067

**DIRECTIONS:** As a dietary supplement, mix one scoop in 8 fl. oz. of cold water and consume pre-workout. On non-training days, consume one serving for additional energy and focus.\* Consume ample amounts of water while taking this product. Do not take near bedtime.

### Supplement Facts

Amount Per Serving	% Daily Value
Serving Size 1 Scoop (13.8 g)	
Servings Per Container 30	
<b>Amount Per Serving</b>	<b>% Daily Value</b>
Calories	10
Total Carbohydrate	2 g <1%†
Total Sugars	0 g *
Includes 0 g Added Sugars	0%†
Calcium	50 mg 4%
Sodium	35 mg <2%
Beta-Alanine	3.2 g *

Amount Per Serving	% Daily Value
Citrulline (as L-Citrulline)	3 g *
Creatine (as Creatine Monohydrate)	1.5 g *
<b>Nitrosigine®</b>	<b>1.5 g *</b>
Arginine Silicate Inositol Complex	
Caffeine	250 mg *
<b>elevATP®</b>	<b>150 mg *</b>
Ancient Peat	
Apple Fruit Extract	
Coffee ( <i>Coffea arabica</i> )	100 mg *
Fruit Extract	

† Percent Daily Values are based on a 2,000 calorie diet.  
\* Daily Value not established.

**OTHER INGREDIENTS:** Natural & Artificial Flavors, Citric Acid, Malic Acid, Calcium Silicate and Less than 2%: Acesulfame Potassium, Caramel Color, *Cinnamomum cassia* Bark Powder, Ethylcellulose, Hydroxypropyl Methylcellulose, Medium Chain Triglycerides, Oleic Acid, Salt, Sucralose.

**CONTAINS: Sulfites.**

**This product is manufactured in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and shellfish.**

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. For adult use only. Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise. Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).

CYG

Beta-Alanine as CarnoSyn®. Natural Alternatives International (NAI) is the owner of the patent estate and registered trademark CarnoSyn®.

elevATP® is a registered trademark of VDF FutureCeuticals, Inc. elevATP® products are protected by US patent no. 9,327,005, used under license.

Arginine Silicate Inositol Complex as Nitrosigine®, Nitrosigine®, including the Nitrosigine® logo, is a registered trademark of Nutrition 21, LLC. Nitrosigine® is patent protected.

Coffee (*coffea arabica*) Fruit Extract as NeuroFactor™. NeuroFactor® is a trademark of VDF FutureCeuticals, Inc. Pat. Fcpatent.com.

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