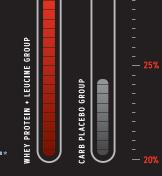
# **INCREASE**

IN MUSCLE STRENGTH IN JUST 8 WEEKS" 🖁 🛡



- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.
- ^ When used in conjunction with an exercise program.
- In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.



Do not use for weight reduction. Product sold by weight, not volume. Significant roduct settling may occur. Amylopectin (Waxy Maize) Chromium Complex as Velositol® Velositol® and its associated logo are trademarks of Nutrition 21, LLC. Velositol® is patent protected.

IOTICE: Use this product as a food supplement only.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

1-888-462-2548

For More Information: GNC.com



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested and monitored for over 285 banned substances on the 2023 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #JCP0307.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ADVANCED MUSCLE PERFORMANCE

# WHEYBOLIC

CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks ■\* Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates

**COOKIES** 

AND CREAM

NATURAL + ARTIFICIAL FLAVORS

**40**G PROTEIN<sup>‡</sup>

15<sub>G</sub>

**6.2**<sub>G</sub> LEUCINE<sup>‡</sup>

**500**MG VELOSITOL®‡

‡Per 2 scoops

NET WT. 45.9 OZ. (2.9 LB.) 1300 G

DIETARY SUPPLEMENT

Servings Per Container

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic\* can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

# Supplement Facts Elevated Muscle Fuel for Muscle

| Amount Per Serving   | % Daily Value |      | % Daily Value |      |
|--|---------------|------|---------------|------|
| Calories   | 100           |      | 190           |      |
| Total Fat  | 0.5 g         | 1%†  | 1.5 g         | 2%†  |
| Saturated Fat  | 0 g           | 0%†  | 0.5 g         | 3%†  |
| Cholesterol  | 10 mg         | 3%   | 20 mg         | 7%   |
| Total Carbohydrate   | 3 g           | 1%†  | 5 g           | 2%†  |
| Total Sugars   | 1 g           | *    | 2 g           | *    |
| Protein  | 20 g          | 40%† | 40 g          | 80%† |
| Calcium  | 90 mg         | 7%   | 180 mg        | 14%  |
| Chromium (as Chromium Histidinate & Chromium Picolinate)                   | 125 mcg       | 357% | 250 mcg       | 714% |
| Sodium   | 100 mg        | 4%   | 200 mg        | 9%   |
| Potassium  | 110 mg        | 2%   | 220 mg        | 5%   |
|  |               |      |               |      |
| Leucine (from Whey Protein Isolate, L-Leucine,<br>Hydrolyzed Whey Protein) | 3.1 g         | *    | 6.2 g         | *    |
| Amylopectin (Waxy Maize) Chromium Complex                                  | 250 mg        | *    | 500 mg        | *    |
| Lactase  | 197.5 mg      | *    | 395 mg        | *    |
| Bromelain  | 2.5 mg        | *    | 5 mg          | *    |

Percent Daily Values are based on a 2,000 calorie diet.

Root Fiber, Palm Oil, Sugar, Alkalized Cocoa Powder, Ground Flax Seed, Sunflower Lecithin, Natural Root riber, Paul on, Sugar, Manazea Coop Power, Ground Plax Seed, Sunflower Lections, Nat Flavors), Dicalcium Phosphate, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Maltodextrin, Salt, Silicon Dioxide, Sucralose, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols [Preservative], Tricalcium Phosphate), Sunflower Lecithin.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

MARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

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**Enhanced with More LEUCINE than Standard Whey Protein** Growth & Recovery^\*

Features Only Premium, Ultra-Pure, Fast-Digesting Protein

ly Whey Hydrolysates and a Clinical Core of / Isolate & Leucine to Improve Strength \*\*

Enhanced with VELOSITOL® (Amylopectin FILL LINE Chromium Complex) & Leucine

To Accelerate Muscle Protein Synthesis^\*

For Pre-Workout & Cardio

inically Proven Support for Strength, Performance & Stamina■•\*

## For Post-Workout & Cardio

ovides Fast-Digesting Whey Isolate & ydrolysates Plus Leucine to Fuel Muscle & Support Recovery\*\*

On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles While You Recover from Intense Training^\*

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder

♦ EAA = essential amino acids