

- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.
- ^ When used in conjunction with an exercise program.

JUST 8 WEEKS" #

• In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) • active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.



NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Product sold by weight, not volume. Significant product settling may occur.

Amylopectin (Waxy Maize) Chromium Complex as Velositol®. Velositol® and its associated logo are trademarks of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

GNC.com

*This statement has not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

Products bearing this logo have been tested for banned substances by LGC Science, Inc.,

a world-class anti-doping lab. *Product was tested and monitored for over 285 banned

substances on the 2023 World Anti-Doping Agency (WADA) Prohibited List via LGC skip

lot testing protocol #ICP0307.



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks**

<u>Ultra-Pure, Fast-Digesting Whey Protein</u> Isolate & Hydrolysates

CLINICALLY PROVEN PERFORMANCE PROTEIN

40g PROTEIN‡

15G EAA‡°

6.2G LEUCINE

500MG VELOSITOL®‡

‡Per 2 scoops

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DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic' can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

Supplement Facts Serving Size 1 Scoop (26.25 g) 2 Scoops (52.5 g) Standard Whey Protein Elevated Muscle Fuel for Muscle Growth & Recovery^*

Features Only Premium, Ultra-Pure, mount Per Serving % Daily Value % Daily Value **Fast-Digesting Protein** Only Whey Hydrolysates and a Clinical Core of 0.5 a 1%t 1.5 a 2 Whey Isolate & Leucine to Improve Strength ■* Saturated Fat Enhanced with VELOSITOL® (Amylopectin FILL LINE 10 mg nolesterol Total Carbohydrate Chromium Complex) & Leucine Total Sugars To Accelerate Muscle Protein Synthesis^* nromium (as Chromium Histidinate & Chromium Picolinate) 125 mca 357% 250 mca

120 mg 3% 240 mg

For Pre-Workout & Cardio

Clinically Proven Support for Strength,
Performance & Stamina **

Enhanced with More LEUCINE than

For Post-Workout & Cardio

Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscle & Support Recovery^*

On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles While You Recover from Intense Training^*

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder.

♦ EAA = essential amino acids

OTHER INGREDIENTS: Whey Protein Isolate, Hydrolyzed Whey Protein Isolate, Natural & Artificial Flavors, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols [Preservative], Tricalcium Phosphate) and Less than 2%: Acesulfame Potassium, Cocoa Powder (Processed with Alkali), Dicalcium Phosphate, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Maltodextrin, Salt, Silicon Dioxide, Sucralose, Sunflower Lecithin, Titanium

2.5 mg

CONTAINS: Milk.

Distributed by: GNC Holdings, LLC Pittsburgh, PA 15222 USA

ontains a bioengineered food ingredie

Leucine (from Whey Protein Isolate, L-Leucine,

Amylopectin (Waxy Maize) Chromium Complex

Percent Daily Values are based on a 2,000 calorie diet.

Hydrolyzed Whey Protein

Daily Value not established

MARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten I

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25 SERVINGS NET WT. 46.3 OZ. (2.9 LB.) 1312.5 G DIETARY SUPPLEMENT GYG

*This statemen This product is