

Lutemax® 2020 is a trademark of OmniActive Health Technologies.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA

GNC
WOMEN'S

One Daily Multivitamin

50 PLUS

Specially formulated for women 50 & older



DIETARY SUPPLEMENT

60 CAPLETS/60-DAY SUPPLY



CODE 179712

DIRECTIONS: As a dietary supplement, take one caplet daily with food.

EUG

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate).....	1050 mcg..... 117%
Vitamin C (as Ascorbic Acid).....	150 mg..... 167%
Vitamin D (as Cholecalciferol D-3).....	30 mcg..... 150%
Vitamin E (as d-alpha Tocopheryl Succinate).....	28.9 mg..... 193%
Vitamin K (as Phytonadione).....	60 mcg..... 50%
Thiamin (Vitamin B-1).....	4.95 mg..... 413%
(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2).....	3.74 mg..... 288%
Niacin (as Niacinamide).....	22 mg..... 138%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	6.6 mg..... 388%
Folate.....	1000 mcg DFE..... 250%
(600 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin).....	110 mcg..... 4583%
Biotin.....	300 mcg..... 1000%
Pantothenic Acid (as Calcium d-Pantothenate).....	16.5 mg..... 330%
Choline (as Choline Bitartrate).....	2.5 mg..... <1%
Calcium.....	500 mg..... 38%
(as Calcium Carbonate and Dicalcium Phosphate)	
Iron (as Ferrous Fumarate).....	8 mg..... 44%
Phosphorus (as Dicalcium Phosphate).....	15 mg..... 1%
Iodine (as Potassium Iodide).....	150 mcg..... 100%
Magnesium (as Magnesium Oxide).....	50 mg..... 12%
Zinc (as Zinc Oxide).....	30 mg..... 273%

Amount Per Serving	% Daily Value
Selenium (as Sodium Selenite).....	70 mcg..... 127%
Copper (as Cupric Oxide).....	2 mg..... 222%
Manganese (as Manganese Sulfate).....	2 mg..... 87%
Chromium (as Hydrolyzed Protein Chelate).....	200 mcg..... 571%
Molybdenum (as Hydrolyzed Protein Chelate).....	75 mcg..... 167%
Chloride (as Potassium Chloride).....	72 mg..... 3%
Potassium (as Potassium Chloride).....	80 mg..... 2%
Brain Health Blend.....	15 mg..... *
Ginkgo biloba Leaf Extract.....	10 mg..... *
Phosphatidylserine.....	2.5 mg..... *
Inositol.....	2.5 mg..... *
Eye Health Support.....	1 mg..... *
Lutemax® 2020 Lutein.....	1 mg..... *
Women's Health Blend.....	10.175 mg..... *
Cranberry Fruit Concentrate.....	10 mg..... *
(Vaccinium macrocarpon)	
Boron (as Boric Acid).....	150 mcg..... *
Tin (as Stannous Chloride).....	10 mcg..... *
Vanadium (as Vanadyl Sulfate).....	10 mcg..... *
Nickel (as Nickel Sulfate).....	5 mcg..... *
Skin Structure & Antioxidant Support Blend.....	7.2 mg..... *
Collagen Hydrolysate.....	5 mg..... *
Silica (as Silicon Dioxide).....	2 mg..... *
Zeaxanthin (as Zeaxanthin Isomers).....	200 mcg..... *

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Maltodextrin, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Titanium Dioxide (Mineral Whitener), Polydextrose, Magnesium Stearate Vegetable Source, Natural Vanilla Mint Flavor, Talc, Medium Chain Triglycerides, Carmine (Color), Sucralose.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov.

Lot No./Best By: