

WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

No Artificial Flavors, Gluten Free, No Milk.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com



GNC
WOMEN'S

Multivitamin

ACTIVE

Exercise your right to good health.

Whether you're running errands or running laps, this multivitamin helps support your active lifestyle.*

✔ **Clinically Studied Multivitamin Blend**

Contains a clinically studied multivitamin blend shown to work better than a basic multivitamin**

✔ **Recovery**

Has powerful antioxidants—including lutein—to help fight free radicals that can be produced from your workout*

✔ **Bone Health**

Features vitamin D for healthy bones, plus calcium and magnesium for bone building*

✔ **Energy Production**

Shown to improve levels of key B vitamins essential for energy production**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

GNC
WOMEN'S

Multivitamin

ACTIVE

Specially formulated for athletic women

Clinically proven to help
make you feel better**
Timed-Release



DIETARY SUPPLEMENT 90 CAPLETS/45-DAY SUPPLY

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CODE Z0201

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

JWG-7589

Supplement Facts

Serving Size Two Caplets
Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	1500 mcg RAE... 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg... 333%
Vitamin D (as Cholecalciferol)	50 mcg... 250%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg... 134%
Vitamin K (as Phytanadione)	80 mcg... 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg... 416%
Riboflavin (Vitamin B-2)	50 mg... 3846%
Niacin (as Niacinamide & Niacin)	50 mg... 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg... 2941%
Folate	680 mcg DFE... 170%
	(400 mcg Folic Acid)
Vitamin B-12 (as Cyanocobalamin)	50 mcg... 2083%
Biotin	300 mcg... 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg... 1000%
Choline (as Choline Bitartrate)	10 mg... 2%
Calcium	400 mg... 31%
(as Calcium Carbonate, Dicalcium Phosphate, Calcium Ascorbate & Calcium d-Pantothenate)	
Iron (as Ferrous Fumarate)	18 mg... 100%
Iodine (as Potassium Iodide)	150 mcg... 100%
Magnesium (as Magnesium Oxide)	100 mg... 24%
Zinc (as Zinc Oxide)	25 mg... 227%
Selenium (as L-Selenomethionine)	200 mcg... 364%
Copper (as Cupric Sulfate)	2 mg... 222%
Manganese (as Manganese Sulfate)	2 mg... 87%
Chromium (as Chromium Chloride)	120 mcg... 343%
Molybdenum (as Sodium Molybdate)	75 mcg... 167%
Super Antioxidant Blend	28.45 mg*
alpha-Lipoic Acid	25 mg.....*
Lutein (from Marigold [<i>Tagetes erecta</i>] Flower Extract)	2 mg.....*
Lycopene	1 mg.....*
Zeaxanthin	400 mcg.....*
(as Zeaxanthin Isomers from Marigold [<i>Tagetes erecta</i>] Flower Extract)	
Astaxanthin (from <i>Haematococcus pluvialis</i>)	150 mcg.....*
Performance Energy & Metabolism Blend	12.01 mg*
Inositol	10 mg.....*
Boron (as Sodium Borate)	2 mg.....*
Vanadium (as Sodium Metavanadate)	10 mcg.....*
Joint & Skin Support Blend	106 mg*
Methyl-Sulfonyl-Methane (MSM)	100 mg.....*
Silica (as Silicon Dioxide)	4 mg.....*
Hyaluronic Acid (as Sodium Hyaluronate)	2 mg.....*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Stearic Acid, Hydroxypropylcellulose and Less than 2%: Corn Oil, Corn Starch, Gelatin, Glucose Syrup, Gum Arabic, Magnesium Stearate, Maltodextrin, Medium Chain Triglycerides, Mixed Tocopherols, Modified Starch, Natural Vanilla Flavor, Polydextrose, Polyethylene Glycol, Polysorbate 80, Polyvinyl Alcohol, Riboflavin (Color), Sodium Ascorbate, Spirulina Extract (Color), Starch, Stevia Leaf Extract, Sugar, Talc, Titanium Dioxide (Mineral Whitener), Tricalcium Phosphate, Vegetable Oil.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by: **GNC Holdings, LLC, Pittsburgh, PA 15222 USA**

Contains a bioengineered food ingredient.