

CODE 333033

IWG

DIRECTIONS FOR USE: SHAKE WELL BEFORE DRINKING. Use as a meal replacement or convenient snack. Chill before drinking. Refrigerate after opening.

Nutrition Facts

12 Servings Per Container

Serving Size

One Bottle 14 fl. oz. (414 mL)

Amount Per Serving

Calories

170

% Daily Value*

Total Fat 6g					8%
Saturated Fat 1g					5%
Trans Fat 0g					
Cholesterol 20mg					7%
Sodium 310mg					13%
Total Carbohydrate 6g					2%
Dietary Fiber 3g					11%
Total Sugars 1g					
Includes 0g Added Sugars					0%
Protein 25g					50%
Vitamin D 5mcg (200 IU)	25%	•	Calcium 500mg	40%	
Iron 5mg	30%	•	Potassium 280mg	6%	
Vitamin A 225mcg RAE	25%	•	Vitamin C 23mg	25%	
Vitamin E 4mg	25%	•	Vitamin K 30mcg	25%	
Thiamin 0.3mg	25%	•	Riboflavin 0.3mg	25%	
Niacin 4mg	25%	•	Vitamin B-6 0.4mg	25%	
Folate 100mcg DFE (60mcg Folic Acid)	25%	•	Vitamin B-12 0.6mcg	25%	
Biotin 7.5mcg	25%	•	Pantothenic Acid 1.3mg	25%	
Phosphorus 600mg	50%	•	Iodine 38mcg	25%	
Magnesium 100mg	25%	•	Zinc 2.8mg	25%	
Selenium 14mcg	25%	•	Copper 0.2mg	20%	
Manganese 0.6mg	25%	•	Chromium 9mcg	25%	
Molybdenum 11mcg	25%				

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Milk Protein Concentrate, Milk Protein Isolate and Less than 2%: Acesulfame Potassium, Calcium Caseinate, Carrageenan, Cellulose Gel, Cellulose Gum, Cocoa (Processed with Alkali), DATEM, Lactase, Maltodextrin, Natural & Artificial Flavors, Salt, Sucralose, Sunflower, Safflower and/or Canola Oil, Vitamin Mineral Blend (Magnesium Phosphate, Potassium Citrate, Sodium Hexametaphosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Aspartate, dl-alpha Tocopheryl Acetate, Biotin, Vitamin A Palmitate, Niacinamide, Phytonadione, Potassium Iodide, Calcium d-Pantothenate, Chromium Chloride, Copper Amino Acid Chelate, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Manganese Sulfate, Maltodextrin), Whey Protein Concentrate.

CONTAINS: Milk.

Distributed by:

GNC Holdings, LLC

Pittsburgh, PA 15222 USA

California Residents Only:

⚠️ WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov

NOTICE: Use in conjunction with the Total Lean® Meal and Exercise Plan found on www.totallean.com. Do not use in diets supplying less than 400 calories per day without medical supervision.



GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on-the-go snacks

For your customized Total Lean® experience, visit www.totallean.com.

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Bean

Cookies
& Cream

Swiss
Chocolate

Banana
Cream

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.