

GNC
TOTAL LEAN®

LEAN™ SHAKE™ Burn

CHOCOLATE MOCHA

NATURAL & ARTIFICIAL FLAVORS

4-14 FL. OZ. (414 ML) BOTTLES — (56 FL. OZ.) (1.65L) • 4 SERVINGS

CODE 333038

KWG

DIRECTIONS FOR USE: SHAKE WELL BEFORE DRINKING. Use as a meal replacement or convenient snack. Chill before drinking. Refrigerate after opening. Do not take before bedtime.

Nutrition Facts

Serving Size **One Bottle 14 fl. oz. (414 ml)**

Amount Per Serving

Calories 180 % Daily Value*

| | | | |
|------------------------------|--|--|------------|
| Total Fat 6g | | | 8% |
| Saturated Fat 1g | | | 5% |
| <i>Trans Fat</i> 0g | | | |
| Cholesterol 20mg | | | 7% |
| Sodium 390mg | | | 17% |
| Total Carbohydrate 8g | | | 3% |
| Dietary Fiber 3g | | | 11% |
| Total Sugars 1g | | | |
| Includes 0g Added Sugars | | | 0% |
| Protein 25g | | | 50% |

| | | | | |
|--------------------------------------|-----|---|------------------------|-----|
| Vitamin D 5mcg (200 IU) | 25% | • | Calcium 500mg | 40% |
| Iron 5mg | 30% | • | Potassium 320mg | 6% |
| Vitamin A 225mcg RAE | 25% | • | Vitamin C 23mg | 25% |
| Vitamin E 4mg | 25% | • | Vitamin K 30mcg | 25% |
| Thiamin 0.3mg | 25% | • | Riboflavin 0.3mg | 25% |
| Niacin 4mg | 25% | • | Vitamin B-6 0.4mg | 25% |
| Folate 100mcg DFE (60mcg Folic Acid) | 25% | • | Vitamin B-12 0.6mcg | 25% |
| Biotin 7.5mcg | 25% | • | Pantothenic Acid 1.3mg | 25% |
| Phosphorus 600mg | 50% | • | Iodine 38mcg | 25% |
| Magnesium 100mg | 25% | • | Zinc 2.8mg | 25% |
| Selenium 14mcg | 25% | • | Copper 0.2mg | 20% |
| Manganese 0.6mg | 25% | • | Chromium 9mcg | 25% |
| Molybdenum 11mcg | 25% | | | |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Milk Protein Concentrate, Milk Protein Isolate, Coffee and less than 2%: Acesulfame Potassium, Caffeine, Calcium Caseinate, Caramel (Color), Carrageenan, Cellulose Gel, Cellulose Gum, Cocoa (Processed with Alkali), D-ATEM, Decaffeinated Green Tea (Camellia sinensis) Leaf Extract, Dextrose, Dibutyl Sebacate, Ethyl Cellulose, Lactase, Maltodextrin, Natural & Artificial Flavors, Salt, Sacralose, Sunflower, Safflower and/or Canola Oil, Vitamin & Mineral Blend (Magnesium Phosphate, Potassium Citrate, Sodium Hexametaphosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Aspartate, dl-alpha Tocopheryl Acetate, Biotin, Retinyl Palmitate, Nicotinamide, Pyridoxadione, Potassium Iodide, Calcium d-Pantothenate, Chromium Chloride, Copper Amino Acid Chelate, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Manganese Sulfate, Maltodextrin), Whey Protein Concentrate.

CONTAINS: MILK.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

⚠️WARNING: Cancer and Reproductive Harm - www.P55Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. This product contains EGCG from green tea.

NOTICE: Use in conjunction with the Total Lean® Meal and Exercise Plan found on www.totallean.com. Do not use in diets supplying less than 400 calories per day without medical supervision.

This product contains 100 mg of caffeine.

* A randomized clinical study consisting of 109 healthy participants compared the use of Lean Shake™ 25 Ready to Drink in conjunction with a meal & exercise plan (total daily caloric intake of 1,500 calories) to a 1,500-calorie diet & exercise plan alone. This study resulted in nearly twice as much total weight loss (-7.6 vs. -3.9 pounds), along with improvements in Body Mass Index (BMI) among the Lean Shake™ 25 RTD users at the end of 12 weeks. Meal & exercise plan available at www.totallean.com.