## WHY ESSENTIAL AMIN.O. ENERGY®?

- Supports energy and focus any time of day\*
- Caffeine from Natural Sourcest
- Amino acids to support muscle recovery
- Og Sugar







WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION SOURCES WHILE TAKING THIS PRODUCT AS TOO MUCH CAFFEINE MAY CAUSE NERVOUSNESS, IRRITABILITY, SLEEPLESSNESS, AND OCCASIONALLY RAPID HEARTBEAT. BETA-ALANINE MAY CAUSE A HARMLESS, TEMPORARY

TINGLING OR FLUSHING SENSATION DO NOT COMBINE WITH ALCOHOL, DO NOT EXCEED 6 SCOOPS WITHIN ANY 4 HOUR PERIOD OR 10 SCOOPS WITHIN ANY 24 HOUR PERIOD, CONSUME AS PART OF A HEALTHY DIET AND EXERCISE PROGRAM, AND DRINK AT LEAST 100 FL OZ OF, WATER PER DAY, EXERCISE MAY INCREASE YOUR NEED FOR FLUID INTAKE.



ABOUT 2 SCOOPS ESSENTIAL AMIN.O. ENERGY™



10-12 FL OZ COLD WATER



30 SECONDS MIX UNTIL DISSOLVED

## DIAL UP YOUR ENERGY & AMINOS

1 SERVING = 9 a (ABOUT 2 SCOOPS)



□x2	□x4	□x6
MILD	MODERATE	INTENSE
5 GRAMS	10 GRAMS	15 GRAMS
100 MG	200 MG	300 MG



INFORMED CHOICE is a quality assurance program for sports nutrition products. he program certifies that nutritional supplements that hear the informed Choice logo are regularly tested for nanned substances by the world class snorts anti-doping lab. LGC Limited.



**ESSENTIAL** 

ANYTIME ENERGY\* & RECOVERY\*

O<sub>G</sub> SUGAR CAFFEINE FROM NATURAL SOURCES!

## **CONCORD GRAPE** ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT NET WT 1.29 LB (585 G) • 65 SERVINGS



Serving Size 9 a (About 2 Scoops) Servings Per Container 65

Servings i er container 65	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%*
Total Sugars	0 g	**
Sodium	10 mg	<1%

Amino Blend

Micronized Taurine, Micronized L-Glutamine, Micronized L-Arginine, Micronized L-Leucine, Beta-Alanine, Micronized L-Citrulline, Micronized L-Isoleucine, Micronized L-Valine, Micronized L-Tyrosine, Micronized L-Histidine, Micronized L-Lysine Hydrochloride, Micronized L-Phenylalanine

Micronized L-Threonine, Micronize	ed L-Methionine	
Caffeine‡ Green Tea Leaf Extract Green Coffee Bean Extract	100 mg	**
Green Tea Leaf Extract	50 mg	**
Green Coffee Bean Extract	10 mg	**

<sup>\*</sup>Percent Daily Values are based on a 2,000 calorie diet. \*\*Daily Value not established

OTHER INGREDIENTS: Malic Acid. Natural and Artificial Flavor, Tartaric Acid. Silicon Dioxide. Calcium Silicate. Citric Acid. Sucralose. Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sunflower and/or Sov Lecithin, Blue 2, Red 40, Inulin. CONTAINS: SOY.



PHENYLKETONURICS

To maximize freshness

and minimize product clumping, store

PHENYLALANINE

NO ASPARTAME

tightly-closed container in a cool dry place. Keep container closed when

not in use. Close container tightly after

‡CAFFEINE FROM TEA LEAF AND/OR COFFEE

TESTED

each use.

MANUFACTURED BY

OPTIMUM NUTRITION, INC. 3500 Lacey Road, Suite 1200 Downers Grove, IL 60515





CONTENTS SOLD BY WEIGHT NOT VOLUME SOME SETTLING WILL OCCUR. SHAKE GENTLY BEFORE FIRST USE.

THIS PRODUCT CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN

ATHESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

