

## PRO PERFORMANCE® RESULTS

As your life becomes increasingly hectic, making healthy decisions that steer you toward wellness can be difficult. At any age, it is a challenge to maintain adequate protein levels in your diet. As the basic kick-starter for lean muscle repair, 100% Whey helps as you strive to achieve maximum wellness and athletic performance by supporting a healthy metabolism and lean muscle.^\*

Following any level of exercise, amino acids are needed for growth, repair and maintenance of muscles.^\* This formula is packed with 24 grams of high-quality protein, containing all 9 essential amino acids that digest quickly and support your wellness and performance goals.^

## PRO PERFORMANCE® QUALITY

100% Whey is Banned Substance Tested.\* It is gluten free, tastes great and mixes easily with a simple stir, shake or blend.

^When used in conjunction with an exercise program.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested and monitored for over 285 banned substances on the 2022 World Anti-Doping Agency (WADA) Prohibited list via LGC skip lot testing protocol #ICP0307.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GNC

PRO PERFORMANCE

24G PROTEIN | 130 CALORIES | 2G SUGARS

# 100% WHEY

High-Quality, Gluten Free-Protein  
Supports Healthy Metabolism &  
Lean Muscle Recovery^\*

DIETARY SUPPLEMENT

NET WT. 4.8 LB. (76.76 OZ.) 2176 G

64 SERVINGS



CREAMY STRAWBERRY  
NATURAL AND ARTIFICIAL FLAVORS



Centerline

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CODE 369956

**DIRECTIONS:** As a dietary supplement, mix one scoop (34 g) in 6 fl. oz. of cold water or your favorite beverage and blend well. Consume 1-2 servings per day. Best enjoyed post-workout and/or throughout the day as an additional source of protein.

## Supplement Facts

Serving Size One Scoop (34 g) Servings Per Container 64		
Amount Per Serving	% Daily Value	
Calories	130	
Total Fat	2.5 g	3%†
Saturated Fat	1.5 g	8%†
Cholesterol	75 mg	25%
Total Carbohydrate	3 g	1%†
Total Sugars	2 g	*
Includes Added Sugars	0 g	0%†
Protein	24 g	48%†
Calcium	130 mg	10%
Sodium	95 mg	4%
Potassium	130 mg	3%

† Percent Daily Values are based on a 2,000 calorie diet.  
\* Daily Value not established.

**INGREDIENTS:** Whey Protein Concentrate, Natural & Artificial Flavors, Whey Protein Isolate and Less than 1%: Acesulfame Potassium, Beet Powder (Color), Cellulose Gum, Citric Acid, Maltodextrin, Silicon Dioxide, Sucralose, Sunflower Lecithin, Whey Solids, Xanthan Gum, Yogurt Powder.

**CONTAINS:** Milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA  
Contains a bioengineered food ingredient.

**⚠ WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).  
**NOTICE:** Use as a food supplement only. Do not use for weight reduction.

Significant product settling may occur.  
No Preservatives, Gluten Free.



**WAYS TO ENJOY YOUR 100% WHEY PROTEIN**

- SHAKE**  
Combine with cold water, milk or your favorite beverage in a shaker cup
- BLEND**  
Make a delicious smoothie, adding fruits, juices, peanut butter or yogurt
- EAT**  
Mix powder in your oatmeal, yogurt or your favorite food

BXG-5766



KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.  
For More Information:  
1-888-462-2548  
GNC.com