

CONTAINS: Milk, Soy, Almond and Peanut.
Manufactured in a plant that processes Milk, Soy, Wheat, Fish, Treenut, Peanut and Egg.

Distributed by:
GNC Holdings, LLC
Pittsburgh, PA 15222 USA
Contains a bioengineered food ingredient.

Store at 55° F-75° F. Protect from heat, light and moisture.

For More Information:
1-888-462-2548
GNC.com



GNC
TOTAL LEAN®

Layered LEAN BAR

Hunger-Satisfying, High-Protein Snack Bar

CALORIES
190

PROTEIN
16G

GLUTEN
FREE



S'MORES
Artificial Flavors



CODE 496956

DIRECTIONS: As a delicious snack, enjoy once or twice daily in conjunction with a healthy weight management program.

Nutrition Facts

Serving Size **One Bar (44g)**

Amount per serving

Calories 190

% Daily Value*

Total Fat 9g 12%

Saturated Fat 6g 30%

Trans Fat 0g

Polysaturated Fat 1g

Monounsaturated Fat 2g

Cholesterol 10mg 3%

Sodium 100mg 7%

Total Carbohydrate 33g 4%

Dietary Fiber 1g

Total Sugars 3g

Includes 2g Added Sugars 4%

Protein 16g 32%

Vitamin D 0mcg 0%

Calcium 70mg 6%

Iron 2mg 10%

Potassium 80mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Soy Protein Isolate, Whey Protein Concentrate, Palm Kernel Oil, Vegetable Glycerin, Whey Protein Isolate, Palm Oil, Gelatin (Bovine), Malitol, Sorbitol, Sugar, Water, Natural Flavor, Corn Syrup, Cocoa (Processed with Alkali) and Less than 2% Acetylated Monoglycerides, Almond, Baking Soda, Beta Carotene (Color), Cinnamon (*Cinnamomum burmannii*) Bark Powder, Maltodextrin, Mono & Diglycerides, Peanut, Potassium Sorbate (Preservative), Polyethylene Glycol Mono Esters, Salt, Silicon Dioxide, Sodium Caseinate, Soy Lecithin, Soybean Oil, Sucralose, Sunflower Lecithin, Sunflower Oil, Titanium Dioxide (Artificial Color), Tocopherols (Preservative), Vanilla Powder, Vitamin A Palmitate, Whey.