

**SUGGESTED USE:** Mix each scoop (serving) of GHOST® BCAA with 8-10oz of water or beverage of choice. Vary amount of liquid to taste. Consume during or after exercise on training days or throughout the day as a performance thirst quencher.

**GHOST® BCAA WAS CONCEIVED TO SUSTAIN GREATNESS AT ANY HOUR\***



FITNESS



SPORT



PARTY



ANYTIME

**WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER.** Before using this product, consult a licensed, qualified healthcare professional if: you are taking any medications or other dietary supplement, or prescription drug; or if you have or have been treated for, diagnosed with or have a family history of, any medical condition. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product. Not for use by women that are pregnant, nursing, or trying to become pregnant.

California Prop 65 Warning: This product may expose you to chemicals known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTling MAY OCCUR.**

**MANUFACTURED FOR GHOST LLC**  
5651 S Edmond Street  
Las Vegas, NV 89118, U.S.A.  
1-844-GHOST-88 (446-7888)

**MANUFACTURED IN THE U.S.A.**  
IN A GMP COMPLIANT FACILITY  
CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN

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[WWW.GHOSTLIFESTYLE.COM](http://WWW.GHOSTLIFESTYLE.COM)



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**SOUR  
THEN SWEET®**

# GHOST



**30** | **BCAA**  
SERVINGS | AMINO ACIDS  
DIETARY SUPPLEMENT | NET WT. 11.1oz (315g)



**SOUR  
PATCH**  
Kids

**REDBERRY**  
NATURALLY AND ARTIFICIALLY FLAVORED

## SUPPLEMENT FACTS

Serving Size: 1 Scoop (10.5 g)  
Servings Per Container: 30

	Amount Per Serving	%DV**
Calories	0	
Total Carbohydrate	0 g	0%
Total Sugars	0 g	†
Includes 0g Added Sugars		0%
Sodium	40 mg	2%
<b>GHOST® BCAA</b>		
Vegan Fermented 2:1:1 BCAA	7000 mg	†
Instantized L-Leucine	3500 mg	†
Instantized L-Isoleucine	1750 mg	†
Instantized L-Valine	1750 mg	†
AstraGin® ( <i>Astragalus membranaceus</i> and <i>Panax notoginseng</i> ) Root extracts	25 mg	†

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

**OTHER INGREDIENTS:** Malic Acid, Natural and Artificial Flavor, Citric Acid, Tartaric Acid, Sucralose, Himalayan Pink Sea Salt, Silicon Dioxide, Calcium Silicate, FD&C Red #40

**V VEGAN FRIENDLY GF GLUTEN FREE SF SOY FREE S SUGAR FREE**

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**AstraGin**  
AstraGin®, NuLiv Science USA, Inc.